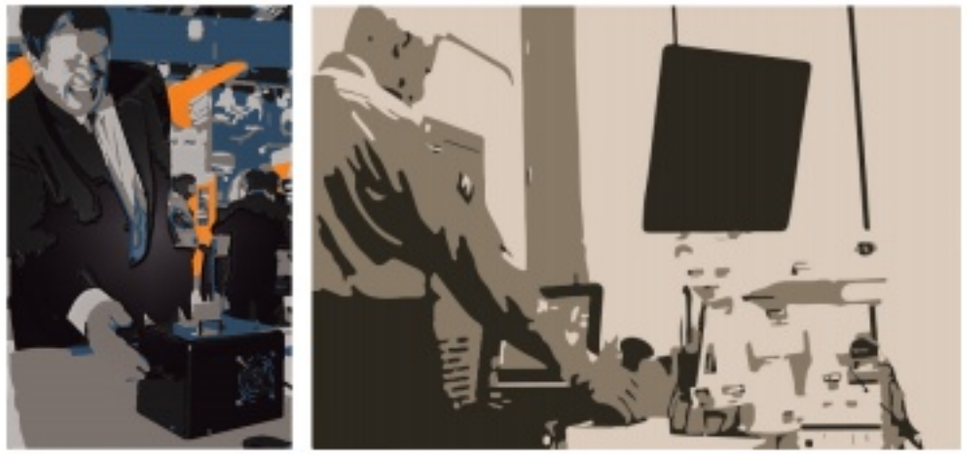
About The Author/ Notes

Stephen Watson was born and raised in the Dallas-Fort Worth area eventually moving to New York City. He earned a degree in Liberal Arts. This book is documentation of what the author believes is directed energy weapon abuse that occurred in Texas and New York. As well as being followed on vacations or visits to relatives. Stephen Watson believes that this is a program involving some aspect of the government-defense-intelligence community and that it is being conducted out of the public eye due to the "silent" or plausible deniability nature of the weaponry.

Writing this book was not easy due to the sheer amount of things to document and the amount of material to track down and remember like photographs, past addresses, names, dates. My targeting has not been a recent event but ongoing thing since the induction of the Patriot Act, so there is no shortage of material. In fact, after the release of this book I'm sure there will be things I forgot about that should have been included. It's been six years since I was targeted with the pain ray, not only me but a family member. It's been going on on a daily basis with a break here or there. Luckily, a long time ago I created a HTML file with the various room rental addresses. Many photographs are also time stamped. This has been helpful in creating a chronology of my targeting that you will read about in this book. None of my personal photographs were staged or faked. If the people in the photographs look suspicious it's because they are. This book is not intended to generate any profit and should be accessible for free. If you pay for a printed copy then it covers the cost of printing. Previous addresses and some names like my employer or the government client have been censored from the book for publication purposes (I still work there). Maybe some day those names will be revealed. Who knows, the story may break that the pain ray or directed energy was being used against citizens, similar to what Cuba embassy officials have described causing TBN. If you are reading this book or also being targeted I hope you get something out of it. I included a useful glossary full of terms.



News of the Pain Ray

To me the most interesting news item about directed energy weapons in the "less-than lethal" category was the National Institute of Justice (NIJ) prototyping a small portable pain ray to be put in the hands of law enforcement. Of course these smaller pain rays would have more limited range but the effects could still be felt. There's a photo of a man at a trade show putting his hand to a box in unbearable pain. There was even talk of something small like the size of a flashlight or could be mounted on a gun. Raytheon's Active Denial System (ADS) is actually old news. It was a big truck mounted unit from the late 1990s or the year 2000. Then there was the Silent Guardian. Still big in size but smaller. This would be put on an army truck or jeep. Similar to that was the Assault Intervention Device (AID). It was basically the Silent Guardian that was going to be tested in a LA county prison. The thinking goes, if a prisoner gets out of line the prisoner would be zapped (I believe a lawsuit involving a prisoner who was zapped resulted from this). A police officer would look at a monitor and control the device using a joystick. I believe it was only a six month trial run and I believe that it was going to be ceiling mounted which is interesting. The AID interface looked similar to a passive millimeter wave body scanner that was recently tested out at Penn Station in New York, and I also believe Los Angeles. A police officer would sit in a chair, staring at a screen using a joystick to control the passive millimeter wave body scanner. Unlike a body scanner that you stand in at the airport, a passive millimeter wave scanner is aimed at someone and can see if something is being concealed beneath the clothing. There are photographs of it being tested on the internet. There was also talk about using such pain beam technology to protect sensitive areas. If an intruder approaches then they will get zapped. Also talk of this pain ray technology being concealed in a room. What I just described is all very researchable using a search engine. It's in old articles from WIRED and New Scientist from 2007 to 2009 an then, just like that, all news of the pain ray disappeared.....but why? I would find out later in 2013.

What have we learned so far?

- Defense contractor Raytheon developed the pain ray, at first very big, then smaller, the NIJ wanted even smaller, portable sizes, hand-held.
- The Assault Intervention Device (AID) had a trial run at a LA county jail.
- The pain ray would be used for military purposes.
- The pain ray would be used for law enforcement purposes.
- The pain ray would be used to protect sensitive buildings, areas from intruders.

The Pain Ray scares people; it has a negative public perception.

A major hurdle the pain ray weapon had was negative public perception. At the time the Assault Intervention Device (AID) was going to be tested in a LA prisons it raised concerns by the ACLU. I believe they are quoted as saying such technology is "tantamount to torture." Tasers, a conductive energy device, used by law enforcement is controversial enough. The pain ray weapon is a device that makes no noise and can be aimed at a person with laser beam precision to inflict pain with little mark or trace. It can be abused since it leaves little evidence behind and can be used remotely. This means in the wrong hands it can be used to torture or torment a person (and I'm sure that makes the CIA very excited). The military had the same dilemma early on with Raytheon's Active Denial being deployed in Iraq. This was in light of the Abu Grahib prisoner abuse scandal and the anger drone strikes cause. The bottom line is radiation weapons tend to scare people. No one wants to be cooked by a microwave or exposed to harmful radiation like X-rays, or a nuclear accident like Three Mile Island. Even if you reassure people that the pain ray only inflicts pain when aimed at the skin, its harmless, it still scares people. Think about being burned by a powerful beam or fried by a microwave oven.

What have we learned so far?

- Pain ray technology like Active Denial or radiation weapons have a negative public perception.
- There were torture concerns due to their silent nature leaving no physical trace. i.e. "the silent weapon."

Plausible Deniability Weapons

I believe what happened is the temptation to use the pain ray against people was too great. Due to it's silent nature, the pain ray had a covert application. It also could be used as a form of intimidation. One of those weapons we have but do not admit to using. I believe this also explains the so called Cuba sonic attacks on US diplomats. Whether you believe it was an inside job to cut diplomatic ties with Cuba by Trump or an adversary giving us a taste of our own medicine after our spies were using it against them, it became clear that directed energy weapons that can be remotely used against someone were real, or at least a real possibility.

What have we learned so far?

• The pain ray would have covert appeal, like with spy's. It can be plausibly denied.
• It is reflected in the news like the mysterious attacks of Cuba diplomats and in China.

The beginning of my pain ray abuse.

The first signs of directed energy came during my early internet days when I had a dial-up connection. Sometime in 2003 or 2004. It also points to how mass surveillance played a role in my targeting. Whether this is because of the Patriot Act post 9-11-01 or people have always been monitored is unclear. I assume though since the reasons for my targeting seems a bit trivial it is a result of the surveillance monster America created following 9-11-01 and the sheer amount of money going toward homeland security, national defense. It has to be justified somehow and that's why people such as myself are being picked on. Other targeted individuals have claimed their troubles began after the Patriot Act which was a reaction to the 9-11 terrorist attacks when the angry Muslim was the antagonist. A threat to American Exceptionalism. Neo-cons compared the 9-11 attacks to Pearl Harbor as a justification to all out war. It became the so called War Against Terrorism. Although America's role in mass surveillance is downplayed by the media, with whistle blowers like Edward Snowden (called "insider threats" by the intel community), it seems that communications are monitored by people looking for potential targets based on how that person expresses his or herself and a person's behavior that may stand out. In fact, there is a watch-listing system where even anti-war activist are watch listed. So surveillance programs entail more than looking for that angry Muslim that might hi-jack a plane and crash it into a building.

As you will soon find out my targeting was something like posting to UFO forums and the Pentagon had a UFO Threat Identification Program costing tax payers millions of dollars. The Pentagon's UFO program was canceled but still exist in some facet. It should also be pointed out that under President Trump the Pentagon has received even more money even though the USA already outspend all foreign militaries combined. Now the average American may think that is good, we are safer because of it but not necessarily, America can still be defeated in the battlefield. Sometimes it is not about how much money a country spends. Too much money going toward the military where there is a lot of waste can actually be bad. A lack of transparency can also be harmful to national security. A lack of transparency is usually a precursor to abuse since most abuse is conducted in secrecy. If there was an internet disclaimer that the Pentagon was playing up UFOs to be this big threat and people could be targeted because of it I would have limited my participation on the internet. If there was also a disclaimer that internet activity can make you watch-listed, and that is how some government people make money by looking for targets, then I would have been more cautious in how I express myself. I was never involved in computer hacking like an Anonymous group of Hacktivist or any level of hacking. My level of understanding of code and computer expertise goes about as far as a junior web developer. i.e. HTML and basic JavaScript (the language of web browsers). Nothing so far as hacking into networks or divulging any great secrets or holding a security clearance of any kind. Pretty much at the time I was a slacker that trolled the internet. My highest level of career ambition at the time was working an hourly wage job at a factory behind an injection molding machine, then going home to surf the web using a dial-up modem connection, and playing music. Its very humbling to write a book about yourself when the list of professional achievements is not that high but it is necessary to show the extent of the bullying, picking on vulnerable citizens that is currently occurring in our country.

The Pre-Targeting Years

My youthful years was spent growing up in the Dallas-Fort Worth area. My father worked in the semiconductor industry but always seemed to get fired, eventually moving back to his native land of Italy after my parents divorced during the late 1980s. I have fond memories of riding bikes with friends in Wylie, Texas and going dumpster diving with my dad looking form scarp metal and electronics. He had a unique interest in flying saucers and was possibly a genius. He was inspired by classic science fiction movies from his childhood. I've released some self-published illustrated books detailing his ideas. He may have been a victim of COINTELPRO. He claimed that some people were interested in his ideas and would have trouble with employment/ discrimination. My Dad was pacifist and did not believe in war/ helping the defense industry. My mother (who is the targeted family member) had to have experimental brain surgery during her college years due to seizures and was never the same afterward. She has a metal plate in her head. I think before that she was a speed typist but had to re-learn how to speak. My maternal grandparents were too proud I guess to put her on disability. She's Pentecostal and talks in tongue usually when emotionally moved. She was however, not the same after her surgery, would have stuttering-speech problems and had trouble holding down jobs. I grew up with a lot of siblings. The youngest is autistic. Our family was poor, although there was no abuse. We are all creative types. I had an older brother named Milton who tragically died in a train accident as a child before I was born in the early 1970s. I have an older sister who teaches at an Art College and is in denial over things like directed energy. Tends to believe people are crazy instead. I was a bit of an underachiever, slacker. A loner, shy growing up, although I did have friends. I dropped out of high school and later got a GED and more recently went to a community college earning an Associates of Arts degree. I did not excel professionally, mostly menial labor, warehouse, and security guard type work. I was preoccupied with my music hobby and of course my armchair UFO research that consisted of surfing the web compiling UFO info; reading UFO literature.

What have we learned so far?

- Stephen Watson's pacifist Dad liked flying saucers and propulsion concepts may have been a victim of COINTELPRO during the 70s and 1980s.
- Stephen Watson's targeted family member, his Mother, had experimental brain surgery, but never was considered disabled even though she was not the same afterward and struggled.

- Stephen Watson had lots of siblings, grew up poor in Texas, was shy, dropped out of high school, worked menial labor jobs.

The Internet Troll Years

When I first got on the internet after the urging of a friend who was into Macintosh computers during the late 1990s (with a dial-up connection) I got a rise out of being provocative. This was the dot com bubble days. When I think back though, this behavior wasn't anything new. I used to prank call a local radio disk jokey and send gag tapes when I was a pre-teen. That's when Vanilla Ice and MC Hammer was popular. For a while I got a little attention when the disk jokey would say my name on the air but eventually got tired of me and my interest was focused on other things like music, but when I first got on the internet I found that just saying stuff, gauging a person's reaction was enjoyable - like it was for laughs. I also had a rebellious streak. I would always go against the tide rebelling against a group like a E-mail mailing list (at this point of my writing the CIA is creating a psychological profile on me who is a potential terrorist to target ~sarcasm~). Admittedly, it's one of the things I reflect back on and have regrets about. You kind of wish the internet had some ground rules like not disturbing the peace or free speech that isn't protected by the Bill of Rights like fighting words or yelling fire in a crowded movie theater. I quiet often got banned. It sure made me mad but I guess I was deserving of it. Those were the days of flame wars and permabans. There was no need for government surveillance and the targeting of citizens. The moderator of a mailing list or internet forum laid down the ground rules and trolls were dealt with accordingly. Sometimes politics were involved too, like with all things. The internet now is more settled down and it is very easy to get censored if you post anything offensive. Then the internet was more open and free like the wild west and the open range. The reason why I tell an unflattering part of my life is so others can learn from my mistakes in not becoming a target. It was this sort of behavior that made me a target and I believe most people today are more cautious about what they post to the internet or social media - not only because of the chastising by the politically correct or SJW's (social justice warriors) in the media but I believe more people know about the targeting and although mass surveillance does not seem like a concern to most, it really is. It's one of those cost benefit things that most people now accept. People get that dopamine rush checking their smart phone or social media status - and tolerate the mass surveillance or more despotic powers, just being more careful how they express themselves. The irony with trolling is would become a ploy used by today's intelligence community and what is now called hybrid warfare or asymmetrical warfare. An example would be news of alleged election meddling on social media or Russian troll factories. To solely blame Russia for this though would be a bit misleading. Some of my targeted individual videos posted to YouTube are filled with troll responses by some rather suspect accounts - like its part of the targeting. Who the trolls are today? The intelligence community. The internet is their playground where the schoolyard bully rules. I'm sure most in the targeted individual community are aware of marginalization and how this happens in social media groups where things become a bit tin-foil. This plays a role in discrediting the real and physical abuse that is being described by targets such as myself and the reason I'm writing this book. The targeting is real physical abuse that needs to be documented. Sure, I'm not perfect like my trolling days but neither are many others who have smart phone or internet addiction or those in authority who may think that they are above the law or corrupt people in authority who don't get the targeting. It raises the ethical question are certain people getting picked on because they are more vulnerable? Our own government seems to think due process and a certain amount of transparency no longer matters. It's funny, I was a troll but isn't the so called War on Terror like yelling fire in a crowded theater by those who make a living off of it? How many people in the US actually die in a so called terrorist attack by an angry Muslim? Wasn't angry Muslim's the justification for The Patriot Act that still exist today because of Washington's addiction to spending programs? Do you see bureaucrat getting a ringing in the ear, or having their sleep disturbed or being tortured because of wasteful spending?

What have we learned so far?

- Stephen Watson was a internet troll during the dot-com bubble days.

- Trolling was "subversive" behavior that led up to his targeting.
- Trolling has become a hybrid warfare strategy used by the intelligence community.
- The internet and social media have become the playground of the intelligence community
- Stephen Watson questions the hypocrisy in covertly targeting citizens who are fallible (not perfect) but so are people in Washington or positions of power who are not targeted.

UFO Research, Forums Trolling & Early Targeting

I would say in the years 2003 or 2004, perhaps a little earlier, I became interested in UFOs from listening to Art Bell – a popular late night radio program dealing with subject matters such as the paranormal, UFOs, and conspiracies. I found some guest, like Steven Greer of the Disclosure Project, compelling and was convinced there was a UFO cover-up. I started going to UFO forums. When I signed up to a UFO forum I used an alias, but that wasn't unusual – most people did. This would have been after the Patriot Act, interestingly I've heard other TI's claim their targeting began shortly after the Patriot Act. I also created a web site on Geocities called Top Secret Research. There wasn't anything on my web site that was top secret, per se. All the information I gathered came from UFO web sites and later UFO literature, mostly UFO books from the Public library. I remember when I first began to delve into UFOs I was real naïve, I saw a picture of Nazi UFOs on the internet and thought it was real and was lambasted by UFO debunkers residing on Ed Mitchell's UFO forum debunking everything. If you don't know who Ed Mitchell is he was a former Apollo astronaut who became interested in ESP and believed in UFOs; other astronauts like Gordon Cooper claimed to have their own UFO sightings. This added the credibility of a cover-up in my mind. I remember one of the first things I posted to my Geocities web site was a connection between Donald Rumsfeld and Wernher von Braun – this was during the Bush presidency and right before the Abu Graibib prisoner abuse scandal that would contribute to Rumsfeld's downfall. My first UFO research endeavor had a lot to do with Steven Greer's Disclosure Project and the testimony of various whistle blowers or people give regarding a so called UFO cover-up. I believe Steven Greer would also describe electromagnetic harassment in his book Hidden Truth - Forbidden Knowledge. Some people see him as a charlatan and others as clever marketing to push for UFO disclosure. I believe my first electronic harassment was posting to Ed Mitchell's internet forum which is no longer around and Ed Mitchell is deceased but it could have been other UFO forums. A high-pitched tone would come in and out of my left ear followed by fatigue or Traumatic Brain Injury (TBI) or concussion symptoms. My brain basically felt numb, sinus migraine's so severe I felt nauseous, I had problems with concentration, and slurred speech. At one point I thought I was having a stroke lying down flat on my back. I also was receiving hang-up calls. I had a land-line and would receive constant phone calls with no one at the other end. This of course made me angry because I knew it was not something natural but someone using technology; a cruel weapon to try and silence me. It did the opposite of scaring me away from the UFO subject matter - it made me more convinced that I was onto something.

I often feel from observing other targeted individuals that electronic harassment has the opposite effect, it's a type of vindication that they are just in their beliefs and on the receiving end of some type of abuse by overbearing powers. It also told me that my activity/UFO forums were being monitored. More recently it has been revealed that the Pentagon had its own UFO study called the Advanced Aerospace Threat Identification Program (AATIP) from around the time of my early targeting. My own research into UFO encounters reveal that UFOs are not actually that big of a threat to people but somewhat elusive. There have been some UFO-related injuries, beams observed emitting from the UFO craft like a form of directed energy, but UFOs don't seem that aggressive toward humans. I would later learn however from researching targeted individuals that what is termed "threat mitigation" is now big business with the defense-intelligence industry and is probably connected to the whole human targeting phenomenon as well as the Pentagon's sudden interest in UFO's. It's not so much the little green men the Pentagon is after but the perception of a threat to bilk the taxpayer when national security and defense spending is at an all-time high. This is not to say a Navy pilot did not have an extraordinary encounter with an unidentified flying object in 2004 but aerial encounters with UFOs is nothing new. The high-pitched tone that would fade in and out of one ear continued as I wouldn't lay off my research into UFOs, There were other things as well such as a skin condition that started to develop on my leg that possibly could have been what is called radiation dermatitis. In fact I remember going to see a Dermatologist in New York about it - I was told it was indeed dermatitis.

What have we learned so far?

- Stephen Watson became interested in UFOs compiling UFO info on the internet and posting to forums.
- He received early, more crude electronic harassment, TBI/stroke type symptoms, and what appeared like radiation dermatitis.
- He received lots of hang-up calls.
- His electronic harassment coincided with internet activity researching UFOs like he was being monitored and coincided with the Pentagon's UFO Threat Identification Program.
- UFOs could be considered national security or government secrecy, that would have made Stephen Watson an appealing target since he was pro-disclosure.

UFO Witness Harassment Cases

Through my UFO research I learned that people who were very public about their UFO sightings sometimes received harassment or threats that appeared to be coming from the government. Of course, everyone is familiar with UFO lore like the Men In Black, thanks to Hollywood but there were UFO cases with very credible witnesses where harassment came from a more down-to-earth source. One such case is detailed in a book by Jesse Marcel Jr., entitled The Roswell Legacy. He is the son of the famous Roswell UFO crash military officer/witness that became part of the weather balloon cover-story. He claims the famous photograph published in a newspaper showing weather balloon wreckage is not what his father saw. In his pursuit to vindicate his father and tell his story about what was really observed he started to receive hang up calls when invited to Washington to speak to a government official, I believe Dick D'Amato, who gave him a number to call if received anymore UFO related harassment. This story is similar to the hang up calls that I started receiving while researching UFOs, along with electronic harassment. Another story of UFO witness harassment is that of Danny Gordon. His ordeal began during a UFO flap that occurred in Wytheville, Virginia during the late 1980s and was featured on the TV show Unsolved Mysteries. Danny Gordon was a radio disk jokey and started to received calls from listeners about UFO sightings, after investigating the alleged sightings and having a UFO sighting himself, he started to inquire about the UFOs, even holding a press conference. He then started to describe threatening phone calls warning him off the subject matter, threatening his family, and strange men posing a journalist visiting his house. Danny Gordon had to check into hospital suffering from street and exhaustion due to stress. Another UFO witness harassment case that occurred in more recent times is the 2008 Stephenville UFO flap. Ten years prior I lived in Stephenville, Texas working at a factory. Stephenville, Texas is a small college town west of Fort Worth. Although I never had a UFO sighting myself, a family member did while standing in the backyard and this was way before 2008 where a UFO sighting of a rather large UFO made national headlines when a local newspaper journalist in Stephenville submitted the story to the AP. One such witness to the Stephenville UFO was Ricky Sorrells. He described a daytime sighting of a rather large UFO object, or his own sightings after the UFO flap made headlines.

He (Ricky Sorrells) then described harassment by a person claiming to be in the Air Force who didn't take no for an answer, was intimidating, had low helicopter fly overs, and intruders trespassing his property as to scare him. I think one commonality to all these UFO witness harassment cases is there are people part of the government or military establishment who do not respect the rights of the citizens. This trend would continue, as I would find out just by researching the subject matter on the internet.

What have we learned so far?

• Some witnesses to UFO sightings in the past received harassment, intimidation by the military or government.
• One witness received hang-up calls similar to my own experience.

The Move To New York City

In 2006 while living in Richardson, Texas and commuting to a security guard job at DFW airport that would eventually end with no more work I fell on hard times. I was not able to secure shelter or much help from relatives, so I decided to make the move to New York City out of desperation. When I first arrived in New York, I noticed beeping every three seconds on my prepaid phone when placing a call. After a three-month stint of becoming homeless I got back on my feet by becoming a licensed New York security guard and found a room using a room rental agency in East New York. I remember the room rental agency located in Manhattan that I found in the back of the classifieds asked if I was sure I wanted to move to East New York and they re-assured me that if I didn't like the place I could always come back for another room at no charge. So, knowing little about New York City I accepted the offer and went to check out the place. I took the C subway train to Rockaway Avenue where I discovered East New York is mostly African American near the projects. For those who don't know East New York is actually a part of Brooklyn, New York. During the 1980s it was considered a very dangerous neighborhood with a bad reputation. Today, like all things it's more gentrified. When I arrived in late 2006 the neighborhood was still a little rough but was safe enough to walk around during the day. It helped that I dressed down and looked poor. I believe the first address I tried to call I received no answer so I went to see the next apartment on the list which was a brownstone building. A Jamaican lady opened the door and I was able to secure the room with a payment. I lived there for two or three years continuing with my UFO research working as a security guard from one security guard company to another. I would use a free Wi-Fi connection at the Public Library. Sometimes the crude electronic harassment with the high-pitched tone that would fade in and out of the left ear would occur. After wearing out my welcome with the land lady in East New York, I decided to move to a new location - a room rental in Hamilton Heights, Upper Manhattan. I purchased a beat-up van from a local rental car business in Brooklyn and made my way to Manhattan on a wobbly tire, concerned that I would have a flat at any moment's notice. What did not help my electronic harassment situation is I was working with a private security company who's client was a government-connected agency. In 2012 this agency was centralizing its security and police operations using a private firm of former Homeland Security-Washington DC insiders called The Chertoff Group that includes former CIA director Michael Hayden who was accused of misleading Congress on the role of the CIA's torture program. It's a bit coincidental that the more extreme pain ray torture started shortly after The Chertoff Group's involvement with this government-connected agency that my security post was stationed at and the The Chertoff Group had a white paper on their web site about "insider threats" as well as being designated for the DHS SAFETY Act that was enacted by Congress in 2002 providing legal liability protection for contractors involved in so-called anti-terror technology.

What have we learned so far?

• Stephen Watson moved to New York City after losing a job in Texas and falling on hard times eventually renting rooms in Upper Manhattan.
• His pre-paid cell phone would receive a beeping tone, as if his phone conversation was being monitored.
• The more crude form of electronic harassment would continue when posting to UFO forums.

- In 2012 The Chertoff Group became involved in one of the sites Stephen worked as security guard before the pain ray harassment began.

The Warning Signs at Work

It seemed someone wasn't too happy with my UFO obsession. If you recall I received a crude form of electronic harassment before moving to New York which continued after moving to New York. I'm guessing it was someone in government, possibly related to the Pentagons UFO Threat (AATIP) assessment program. My laptop was always out at work during the overnight shift and there was constant CCTV monitoring. Sometimes I would piggyback an unsecured Wi-Fi connection from the restaurant next door. I'm sure this raised suspicion considering I faced intimidation from overnight inspectors at work. More than likely though, the government-related agency I was stationed at was probably alerted by those responsible for the harassment. One inspector was a veteran who was a former Special Operations soldier in Iraq. He suffered from PTSD and had a reputation of being a jerk or bully. He claimed that America does bad stuff to people who threaten national security and was unapologetic when we were talking. It's clear his standard of ethics were purely from a soldier in a battlefield perspective. I believe he got suspended over an incident where a security guard got beat up by an angry pedestrian and the Special Operations vet just stood by and watched. One thing I remember him saying though, and to his credit, that he did not agree with the government dictating free speech, "you can't say this, you can't say that, you can't have supersized soft drinks." Later there was an inspector was a former police officer who worked for the Government-Related client. My private security guard employer hires a lot of former cops. He would come by and give me hints that my UFO research was upsetting the government. He would bring up UFOs and get into the subject of the FBI and that they have all these hidden spy devices. I believe he was also involved in a lawsuit over a lack of promotion to sergeant with the government related client. What's interesting is I looked into lawsuits against the government-related client and one woman sued for a peep cam that was installed during a workers comp physical. The government-related client had their own medical facility. I read a court case where a man suing won a million dollars because the cops were trying to spike the amount of arrest by claiming perverted acts were occurring in a train station public restroom.

Intimidation, Warning Sign from Spooks

Right before my mother was targeted and the pain ray assaults began during that time I used to go to the Mid-Manhattan Library near Bryant Park on 40th street and 5th avenue because of their DVD movie selection. I used to go there for the old Doctor Who episodes and foreign films as well as the free Wi-Fi. In fact, remember at the time the Public Library was my number one source or Wi-Fi using a MacBook. I remember after posting to a UFO forum or compiling UFO info I went downstairs to the DVD section and a man who seemed out of place wearing black camo, tactical clothing started walking in my area repeating "mommi, mommi." He has the appearance of a defense contractor. He came across as not being from the area. His camo looking clothing appeared too clean, like it was just purchased. I just brushed the encounter off. This person would appear again when I was looking at DVDs wearing the same clothes. This time I caught the stranger off guard by turning around real quick and walking his direction right after I felt the high pitch tone fading in and out of my left ear, he appeared to panic and quickly put a hand held device in his pocket. I was tempted to reach in his pocket and grab the hand-held device and run off but didn't. Another strange event occurred that I can't really explain since I was pretty much a loner is I received a strange text message in while staying in my rental room. I posted to a forum about shooting at UFOs to see if the craft are top secret or piloted by aliens when it crashes. Then later when I was home I received a text message that read "I can shoot you right now if I want to."

What have we learned so far?

- People from a military or law enforcement background at my job site gave me warning signs or hints that my UFO research activity upset the government and that I should back off.

- A spook/contractor looking person wearing black camo clothing started stalking me at the Public Library referencing my mom, he was holding a hand held device when a high pitch tone came into one ear.

2013 The Pain Ray Abuse began

Pictured the boarding house in Monrovia, California where my mother was targeted in 2013.

Monrovia, California

I started to receive the pain ray, more extreme and constant electronic harassment in the Spring of 2013. It was not only me but my mother who was renting a room in a two-story house located in Monrovia, California. It coincided with some other suspect activity of a person dragging equipment on the floor above me and feeling directed energy or unbearable pain to my head and stomach. At the time I had been renting a room in a five or six story building located in Hamilton Heights after moving from East New York. My mother would report the same activity. She was located on the bottom floor and thought equipment being used to harass was from mischievous people above her. She would try calling the Monrovia police to no avail, they would do nothing and my big sister who also lives in California would eventually move her to a retirement home unwilling to believe that such a thing could be occurring. Meanwhile as I was getting assaulted by the pain ray in my room rental it was also happening at work, as I worked overnight and was posted in the lobby. It seemed to be coming from the ceiling above me as if there was equipment concealed and would dissipate if I left the area. The strange thing is one of the ceiling light fixtures directly above would always go out with the light needing to be replaced. It seemed the main purpose of this pain ray weapon abuse was to cause sleep deprivation since the targeting was heavy at home when I would lie down on the bed to go to sleep. My mother would also claim the same thing, especially when being targeted in the two-story house in Monrovia. She described the perpetrators as young men on the floor above and described the sensation of feeling waves moving across the body. She also described a phenomenon other TI's being electronic harassed describe and that is what is termed sexual-touching. It's when the electronic harassment can be felt in the private areas. I don't experience this often but sometimes it does occur like being targeted in the anal region. There was also what she describes as flashes of light. This may have been due to her having a metal plate in her head because of experimental brain surgery she had to have during the early 1970s due to black outs and seizures. I payed a visit to the house some years later during a trip to California. It was a wooden two-story house and appeared to be a boarding house with a number of tenants judging from the front porch area that had signage and mailboxes.

I proceeded to take some photographs. The landlord or person who oversaw the place appeared to be not at home. I also payed a visit to the Monrovia Police Department inquiring about police records and was given a form to list the date and time of the alleged incidents in order to pull up a record. It was unclear if there would be any records since as previously mentioned the police would just show up after she dialed 911 and do nothing and leave. Inaction by law enforcement is commonly reported by targeted individuals. My mother when questioned was less-than cooperative and didn't want to bring up disturbing things of the past or me even going to the house thinking that it would just stir up more trouble.

What have we learned so far?

- Stephen Watson was targeted with the pain ray at home with perpetrator(s) on the floor above dragging equipment and at work like the pain ray device was concealed.
- The electronic harassment also involves targeting family members as an intimidation tactic.
- The targeted family member also reported directed energy like the pain ray from the floor above in a bourding house.
- The targeted family member also reported sleep disruption, sleep deprivation, flashes of light possibly due to having a metal plate in her head.
- Inaction by the Monrovia Police department.

Spring 2013; 144th Street, Upper Manhattan, Hamilton Heights - The Pain Ray begins

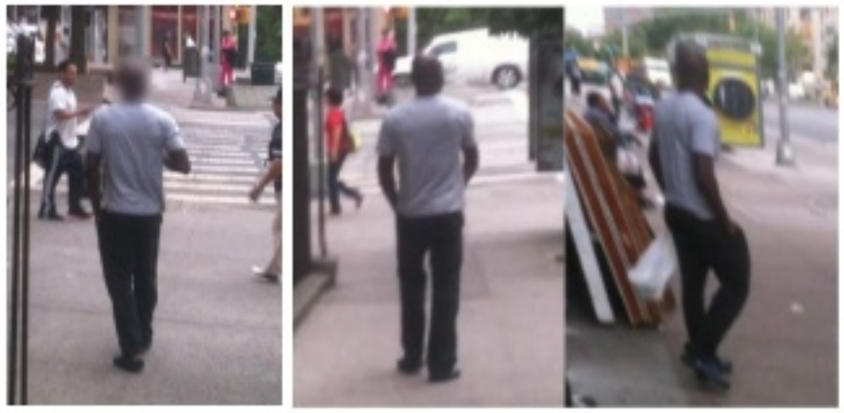
In the summer of 2013 things came to a head in my room rental in Hamilton Heights on 144th street. I had been living there for awhile and was now being hit with the pain ray from the floor above. The tenant I was renting a room from became ill with cancer, I believe she was already taking medication when I first moved in but was now going in and out of the hospital, so I had to move by a certain date. By this time the entire apartment was empty with exception of myself. The pain ray I was being hit with was intense inside my rental room. I remember buying an old army helmet at the military surplus store and going away from the room rental I usually stayed in and sat in the living room where the tenants usually occupied just sitting there deciding my next move with the army helmet over my head. It was temporary relief from the pain ray harassment. I don't recall if I was followed. I think maybe later on, the perpetrator on the floor above noticed I would go outside my room to the living room but it was time to plan my next move. I went back to a room rental agency to find another tenant and would find another room on 147th street. This would have been the late spring or summer of 2013. It was hot and I moved my belongings, music equipment using a pushcart - traveling back and forth to the new room rental.

What have we learned so far?

- The intense pay ray harassment came from close quarters - a person using equipment from the floor above.
- When Stephen Watson moved outside the room like the living room the pain dissipated offering temporary relief.

Spring to Autumn 2013; XXX West 147 Street Apt XX& Broadway

This was another five or six story building. The room I was renting was on the third floor. The previous building that I rented a room on 147th street had an elevator. This building had only stairs. So it was a real chore to move my stuff going up and down the stairs. In this apartment I was renting the room from a young couple with a small boy - their grandmother would occasionally come by. I mostly saw the woman who I believe went by the name GiGi, at least that is what she wanted me to call her. What I always remember about this building is it had a long hallway with a chandelier leading up to the stairs. The stairs were winding going up to each floor that contained three or four apartment dwellings with room numbers followed by a letter.



Pictured: The perpetrator on 147th street with one hand in pocket as concealing a hand gun.

left: Cardboard placed in window. Right: Perpetrator from floor above spots the peep cam.

As I completed my move I felt bad for the older woman I used to rent a room from who fell ill and her family sold the apartment. She was a very nice person. Where I was now renting a room it was a young couple with their first child and I forget if my room was closest to the door, I believe it was, but the move was complete. Interestingly enough though, during the move it seemed the directed energy when it first started out was intense. i had a giant welt on the back of my neck. Now I felt relieved that I had escaped the ugly harassment where equipment could be heard dragging on the floor above me pacing my location. Some days past and I distinctly remember walking up the stairs past two men, one mid-aged and the other and older man wearing a black hat that reminded me of the old 1950 gangster movies or the Men in Black. I got the impression the old man was the leader or handler. The harassment probably was a team effort involving more than one perpetrator. They were both struggling to carry something heavy up the steps in what looked like a box container that was wrapped in a black plastic bag so people could not see the contents inside. I went up up the steps past them acting nonchalant and turned around to look down and have another look after I got aways up. They stopped in their tracks and looked straight up at me with a blank stare - like the equipment was intended for me. I don't think they were anticipating that I would be there in the building during that time and I caught the two men off-guard. As coincidence would have it, shortly afterward the electronic harassment would start up again. As I lied down on the bed feeling a bit tired and stressed I experienced something like voice-to-skull. The sound could be described as one of those beeping tones you hear in a hearing test. I also remember at the time, especially when my pain ray harassment first started there was a strong tinnitus in my left ear. I recall one day I'm my previous room rental feeling groggy like I had been drugged. It makes me wonder if I was implanted or tagged. An older private intelligence agency called Blackbird Technologies specialized in what is called Tagging Tracking and Locating (TTL). The technology from my understanding would allow anyone who was tagged to be tracked electronically. It was an interesting theory of how the left ear always got the ringing, but I did not have the equipment or know how in oder to see if I was tagged. Shortly after the men were observed moving equipment up the stairs

here came equipment being dragged on the floor above me again pacing my position. This time instead of using an army helmet I wanted to try passive shielding. I knew I was being hit with directed energy but knew little about how to shield from it. So I made my way to the hardware store. I bought lots of wire mesh and stapled it to the ceiling. Then I bought square metal plates; also some plywood. I remember hauling all this material on the subway, into the building, up the stairs into the room hoping to not be noticed. It was also not all at once but over time too. Sometimes it would be material I found on the street - stuff people threw out. Around the time my pain ray electronic harassment started up again I met the perpetrator rather indirectly. As I was walking up the steps to my rental room on the third floor behind me followed an aged 20-something African American male. He was about average height, lean, and somewhat muscular with a shaven bald head. I got to the apartment to open the door, he walked and got right up to my face, similar to boxers staring each other down before a bout. I didn't do or say anything or I may have said something neighborly, or asked who he was, I forget but it was definitely and invasion of my personal space and somewhat confrontational. I believe he smirked and continued walking up the stairs. Apparently he lived on the fourth floor - the floor above mine and this is the first time I saw the person in the building. One thing about this building is the walls breathe - meaning it's easy to hear people walking on the floor above or moving things around. As I entered my rental room it seemed so did also a person above me and started scuffling things around. This time instead of moving out again I decided to stick around for awhile like I stated earlier to see if I could shield from the directed energy assaults. The wire mesh stapled on the ceiling above wasn't something I tried right away, but it was after some weeks or months staying there. Many targeted individuals are curious about what material will work to alleviate some of the torment and be able to get some rest. The idea of the wire mesh is similar to the shielding that you see on a microwave oven door. I would say it did help a little but not much. I recall some targeted individuals stressing the importance of grounding anything metallic like a Faraday Cage or it will not be effective against the directed energy. Maybe other TI's reading this can try grounding their metallic shielding, but grounding wasn't something I tried. As time went on I went from sleeping on the bed to having two mattresses with plywood propped open at an angle with me lying on the floor underneath, wearing the army helmet saved from the previous apartment. I noticed there was a considerable difference in the amount of directed energy that could get through. I learned that obstructions like extra mattresses, bags of clothes, plywood piled on top of that, and putting more material between you and the person using the pain ray - lessons the effect of the directed energy. Later I learned this acts like a type of barrier or absorption against the RF. For awhile, I was able to get enough sleep but that did not last long. Then I felt bumping underneath my head while lying on the floor - like someone was positioning equipment below me on the second floor. Sure enough, the intensity of the electronic harassment increased again. It did not help that it was in the dead of the summer time and I had no air conditioning. For some strange reason sleeping with the Army helmet on started to feel comfortable but in reality the days where I could relax in a room I was paying for were over.

What have we learned so far?

- When trying to move to another room rental in order to evade the activity I would be followed.
- It would start up again two or three days after moving in..

What It's Like To Cope/Live With Sleep Deprivation

During the early targeting days the electronic harassment was quiet intense. I could feel the nerves in the side of my head or temple throbbing. When you're suffering from sleep deprivation you're looking for anywhere where you can get some sleep. I remember walking up the top of the stairs where there was a door to the top of the building and no other apartment doors. I saw an area where I could lay down on the floor trying to squeeze out a few hours of sleep. It was difficult, for one it was hot and then the thought occurred: what would happen if someone like the superintendent walked up the stairs to the roof and saw you there? Or the perpetrator knew you were there? So that was a no go. I would be walking down the street finding myself looking at the side of buildings, park benches, anywhere that looked like it was a safe place to take a nap. I actually tried sleeping on a park bench near Riverside Park on 145th street while the sun was setting and it was just starting to get dark.

As I laid there I pretended to be asleep because I saw some neighborhood hoodlum staring at me from across the road, and he started opportunistically slowly walk toward my direction like he was going to do something. I quickly got up and said some not very nice words (you can fill in the blanks) but that quashed my efforts to take a nap on a park bench. It brought back memories of those trying times in 2006 when I first came to New York and had a short three month stint of becoming homeless, arriving at the Greyhound bus station at the Port Authority terminal on 42nd street with very little to no money and falling asleep in front of the Port Authority with pedestrians walking around. Then there was the time when I was homeless trying to sleep in a park in Brooklyn, New York. It was a park with a grassy hill with trees and a walk path was underneath. It was starting to get dark and I woke up as creepily, a man down a walk path stood in his tracks looking at me with a blank stare - like he wanted to do something; like he was a serial killer. He didn't look homeless or poor; was neatly dressed to blend in with society. I quickly got up and walked off. I remember during that homeless stint that I was so tired that objects would fall out of my hand. This also sometimes happen when I started suffering from sleep deprivation from being electronic harassed. A lot of people seem to not understand that one of the main issues with homelessness is safety and security, as well as privacy, finding a place to use the restroom - those more intimate moments. It's not easy to live on the streets, although I remember feeling happy when I was homeless that I did not have to go to a 9 to 5 job and the awkward interaction one has with co-workers. I saw a lot of miserable faces, people putting on their work outfits or professional attire and scurrying off to a job that they did not look forward to. I was glad that wasn't me, but the nomadic lifestyle didn't seem very sustainable and I knew that I would have to get back into the rat race like everyone else at some point.

What have we learned so far?

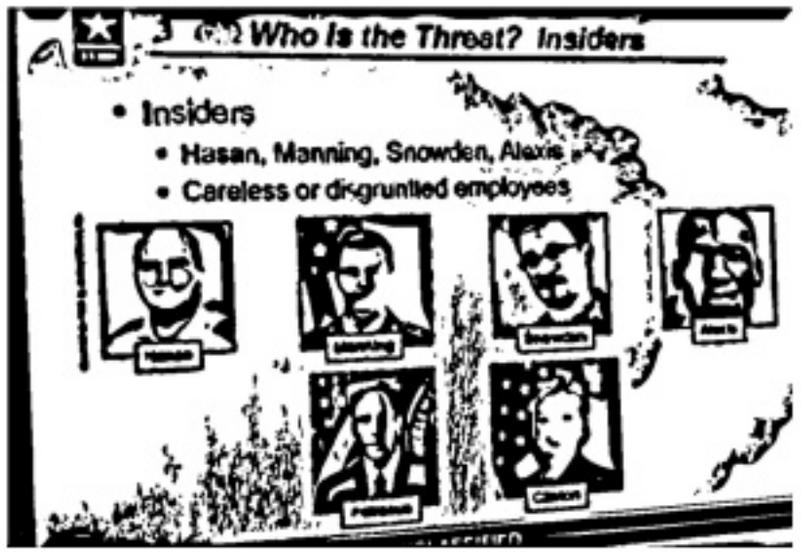
- Sleep deprivation is a torture tactic that has been described in the 2014 Senate Report on CIA Torture.

The Navy Yard Shooter - "Insider Threat"

In 2013 there was news of an active shooter named Aaron Alexis termed the Navy Yard shooter. According to the news Aaron Alexis described electronic harassment that would build up to a psychotic break or his actions were an outcry of desperation because of physical torment he was allegedly going through. Some of what Alexis described very much reflected my own electronic harassment experience, like suffering from sleep deprivation. Alexis even tried seeking help for his sleep deprivation. Other aspects of Alexis case also reflected my harassment such as being stalked by his harassers when trying to move and being somewhat of a loner. Alexis appears to have had behavioral issues described as insubordinate according to descriptions of his military service in the Navy or work history. At the time he worked for a contractor. It makes you wonder if he was labeled an "insider threat" and part of some inside threat mitigation program by a private intelligence contractor who had access to directed energy devices. At the time, like in all mass shooting cases, the cop-out excuse or explanation by the media was mental health. The FBI concluded that his claims of electronic harassment were delusional which you'll later learn the media has used to described targeted individuals. Other notable active shooter cases where alleged targeting took place are Myron May or the Florida State shooter who thought he was being watched and Esteban Santiago, the Fort Lauderdale Airport shooter who claimed of hearing voices, mind control by the CIA after returning from service in Iraq. After the story about the Navy Yard Shooter broke, I posted that I thought it was the FBI using directed energy to YouTube videos commenting about the shooting. I did this while I was at work and as I was getting off work crossing the street on the northwest side of Union Square Park a car charged toward me crossing two lanes and tried to hug the corner where I would cross. I saw the driver was a dweeb or nerdy looking man with a determined expression on his face. I stepped back on the sidewalk at the right moment averting the hit-and-run attempt. My mother would described something similar while trying to cross the street in Pasadena, California. She described two men wearing dark clothing with sun glasses inside the car aiming straight for her.

What have we learned so far?

- The Navy Yard shooter had similarities to my experience, such as ringing in the ears, a lone wolf, followed/stalked by his harassers, and suffering from sleep deprivation.



The Log Distance Electronic Harassment Away From Home

At the same time all this was occurring in 2013, being harassed in the workplace, being hit on the head or stomach while sitting in the lobby area, there was another type of electronic harassment while walking down the street in Manhattan. I would call this long distance electronic harassment. It was different than being electronic harassed at close range. In a rental room like the one I was staying at on 147th street you could tell someone was operating equipment, you could hear the person moving equipment around, selectively targeting a part of your body. The sensation was more intense. The long distance harassment usually focused on one part of the body - in this case it was my left ear. I could feel the hairs in my ear canal moving around, what I would call a bug crawling effect - all the while having the ringing in the ear. It was enough to be uncomfortable but not as intense as being targeted at close range where there was what I would call a sharp pain with a bruising to the touch afterward. Some targeted individuals have speculated that the directed energy is coming from satellites; others tend to believe it's from the RF antennas placed on top of buildings that shoot down signals to your phone. Specialized equipment has been set up so the antennas can be used as a pain weapon. Sometimes I wonder if the giant spire on top of One World Trade is a giant RF weapon or a secret weapon that can shoot a high energy laser if another plane approaches like 9-11 but I'm only being half serious when I write those thoughts. What I was experiencing was real and it was hard to avoid. I was a target being hit with this weaponry that most of the public was oblivious about. I would also feel it on the subway and I would wonder how this was possible. Once while walking at the subway platform at Times Square 42nd street, a day when I was being targeted hard I felt the skin in my face having spasms, as if this equipment is placed in high traffic sensitive areas (tourist traps; critical infrastructure) by homeland security.

What have we learned so far?

- There is long range directed energy harassment from perhaps modified cell towers; some have speculated satellites.
- The long range harassment is not as strong as close range but can still inflict discomfort.

Saw The Perp

Curiosity got the best of me and I had to see who was the person on the floor above was, who was dragging the equipment.

So I put a small USB web cam on some sticks like on a broom that were taped-together to see if I could make out anything from the window above. At first all I could make out was curtain and what appeared to be cardboard box concealing a part of the window, then there was a little opening in the curtain, but from what I made out it was not enough to reveal what was in the room, except I could make out a cot to the side of a room, which kind of made since if equipment was dragged on the floor, although I could not see the rest of the room if the perp or perps cleared out a bed or furniture, then I saw what looked like a cable, thinking it may be a coaxial cable used for some type equipment in my harassment - sometime later after analyzing the images and seeing lettering on the cable it turned out to be strings to an Under Armour Gym Sackpack. It was just so close to the webcam it looked like a coaxial cable. It appears someone put their gym bag close to the window. It just goes to show when doing surveillance you have to be careful not to jump to conclusions or one can discredit themselves appearing paranoid. I later found out that you can get in to trouble peeping into a window even if it is based on suspicions; you are not trying to invade privacy, so it's generally not a good idea, especially if you approach the authorities. At the time though, I wanted to capture evidence of the actual equipment being used, seeing what it was. I tried another time and the perpetrator above was aware, as the camera approached the window a hand pulled the curtains to the side and there was the face of the African American male who gave me the intimidating stare on the staircase as described earlier. As he pulled the curtains to the side he yelled, " I see you!" I was a bit startled and taken aback but now knew who the perpetrator was. I thought he may call the police on me but nothing happened. This is something I observed about the perpetrators over time. They don't really get the police involved. When I think about it that kind of makes sense, since if it is not a serious charge then I could request a police report to see who the accusers are using this equipment. Or they probably don't want the cops to see what they're actually doing even though the police may be aware of some type of homeland security/FBI activity, clandestine type stuff. The perpetrator at this time was starting to get scared. I think the pain ray harassment was supposed to get me out of the way in short order like a covert action but that did not happen. When I left the room like I was leaving, I could hear the perpetrator above put equipment away and proceed to shut his door and go down the stairs to exit the building. I decided next time I would pretend to leave by shutting my door and listen for him to leave then follow behind. That is exactly what happened, as he went down the stairs I waited until he got far enough away and then exited the apartment and proceeded to go down the stairs. I caught up with him when he was in the hallway taking pictures with my iPhone and proceeded to follow the perpetrator as he went to the store. His hand was always in his pocket knowing that I was tracking his position like he was carrying a firearm. I knew that the electronic harassment was a type of provocation. if the targeted individual attacks then they are prepared to take you out, as if that sort of thing is anticipated.

What have we learned so far?

- The perpetrator did not call the police after seeing peep cam like I was already being observed.
- The perpetrator appeared to be armed with a concealed hand gun.

Reporting the Activity to The FBI in Manhattan - No Response

During the time of my pain ray harassment in 2013 I did try filing suspicious activity reports on the FBI's web site to no avail - I never received a response. Then I looked up where the FBI was located and went downtown to the Federal Building, nearby was a printing place. I printed out a report with photos. My report specifically stated that I thought I was being hit with the pain ray and I put the pages in an envelope addressed to the FBI. It had my address, all the information pertaining to my ordeal. I encountered a security guard on in the lobby/ground floor area and wasn't given permission to go up. He asked if I knew who to speak to and I did not. He offered to take it and hand it to the FBI. After that I did not hear anything back. Interestingly enough, some people claim that the FBI refers them to law enforcement who are no real help either which I later found out to be true. What's also interesting is recently I made an FOIA request in regards to any files pertaining to me that the FBI has and received a response that I have a clean record. It makes me wonder what happened to the reports I did through their web site and the one I handed to the security guard.
Some time passed and I believe the perpetrator was replaced. I could tell it was a different person. After a while, I decided to move again and try another place. The pain ray treatment was still intense; the room I was in was small and cluttered with the shielding material. I remember taking the wire mesh down from the ceiling and hauling the material I purchased from the hardware store down the stairs to the curb wrapped in trash bags. I tried to be discreet and move out all the clutter when no one was there. I went to another room rental agency and got a room further uptown. The funny thing happened when I gave the tenant GiGi the keys and told her I was moving. I showed the cleaned-up room and she looked up at the ceiling like she saw the room when all the wire mesh on the ceiling and clutter was there.

What have we learned so far?

- No response by the FBI when reporting electronic harassment as described by other targeted individuals. i.e. no help

2013-summer 2014; XXX West 162 St #XX New York, NY. 10032

I went further up in Upper Manhattan to Washington Heights, New York to a new room rental. This room rental did not end well, I was eventually told to leave. I think the tenants got scared or got the wrong impression. The tenant in this building was named Nuna and she was a hispanic woman with two little girls. She did not seem very friendly; maybe on guard because of previous room renters. I got the impression she had trouble paying for the apartment and may have been behind on bills. A Latino man with a mustache would come by, I believe he was her boyfriend but the father was no longer there. I'm not sure of the exact details of her life but that was my impression and I sensed a bit of family disfunction. There was also a younger man who came across as a loser and a bit slow mentally in the room closest to the door. At first he was a bit testy when I moved in but then realized I kept to myself and stayed out of his way. The room I was renting was second from the door. This building too was about five stories tall and also did not have an elevator; it was a little rougher in appearance inside. Next to the building was a torn down lot where they were in the process of doing construction, building a new five story complex. There were a group of feral cats also staying in the empty lot. One could see my window from 162nd street since there was an empty lot. This building had another advantage - I was on the top floor. There was no one to drag equipment on the floor above mine. At first everything went well, like the previous room when first moving in - and then it became apparent that I was being hit with directed energy from below about two or three days later after moving in. I believe this happened at the previous building too, if you remember when I tried to sleep on the floor with the mattresses and plywood piled on top of me, to shield from the perpetrator dragging equipment above; but then came bumping underneath my head. So the perpetrators using this pain ray equipment can get on the floor above or below in a building, except now they only had access to the floor below and the directed energy was pointed upwards. Here the pain ray was still intense - again I would have to try and shield myself by putting material between me and the perpetrator. The pain ray was so intense a person could not stay in the room without some type of barrier or passive shielding - it easily passes through a floor or ceiling. I remember my stomach and head was targeted a lot. My sleeping position was facing down on the mattress - I rarely sleep on my back. During the stay at this building I decided to try other shielding methods. I purchased a thicker type of space blanket or mylar blanket at a camping/outdoor store and it helped a little, I forget the brand but it had a orange/reflective appearance. I found this was better than the cheap-thin disposable mylar blankets used in emergencies, it also lasted longer. Since the electronic harassment was intense and almost unbearable at times without any type of shielding I started just picking up stuff that I saw thrown out on the street like styrofoam, cardboard, thrown out window screening and probably other stuff and piled it below the bed, under the mattress to see if had any shielding effect. Also since it was getting cold, fall weather was approaching, I tried wearing winter hats when trying to sleep since the head was targeted a lot. One thing I found that was effective in shielding was a big laundry-bag full of clothes densely packed or thick material like blue jeans - It seemed to act as a type of absorption or it made it harder for the directed energy to penetrate. One thing new I did too in this room rental was purchase a TriField EMF Meter to try and gather some type of evidence of the actual directed energy. Would I be able to detect it?

What have we learned so far?

- When moving to a top floor of a building the perpetrator would get on the floor below.
- I would be followed again when trying to move to another room rental in order to evade the activity
- It would start up again two or three days after moving in.
- A thicker type of space blanket offered some protection.

EMF Meters

When I was on 162nd street, I tried gathering evidence by buying survey meters or what are called EMF meters like a TriField Meter. These type of measuring devices are consumer grade products that you see people use on a Ghost Hunter TV show or people on the internet who try to measure suspected harmful radiation from smart meters - some would say they are just novelty products. The frequency range is a bit limited due to the cost although I believe there are better options out there today including the newer TriField meters.

I was on the top floor. Perpetrators window below broken glass, half opened with red curtain concealing the inside.

A window AC looking unit pictured inside the window. TriField Meter picked up strong magnetic readings on the floor.

I believe the TriField only had the range of a microwave oven when set to the microwave band setting. It also had two magnetic settings and one for electrical field. Magnetic field reading measure current and electric field readings measure voltage. Of course the radio setting measures microwave or RF. I also bought other products from a company called Less EMF that sells electromagnetic shielding material to consumers. Many people are concerned about the harmful effects of wireless signals or smart meters etc. Whether this is unfounded or not there are customers for that type of product. Some people claim that they suffer from Electromagnetic hypersensitivity (EHS). Another product I bought detected electromagnetic interference by creating a hum when it detects something electrical like an electrical outlet or a light fixture where there is electricity. I later learned you could use a portable AM radio set on noise between two stations to do the same thing. Higher-end equipment like survey meters with probes and spectrum analyzers were expensive and required a certain level of technical expertise (this type of equipment would have been more ideal in my situation). These are used by the professionals around RF equipment. I did purchase one device by Narda from Ebay I believe it was called the Nardalert S3 or maybe an older model of that variety. I then sent it off to Narda in New York to have it calibrated and some weeks later got it back with a certificate of calibration. The Nardalert S3 looked like a big pager for people who worked around RF equipment; a worker would clip it on to a belt to detect harmful RF. I believe it would make a beep or tone if harmful RF levels were detected. The problem with the Narda unit is it worked with old PC software in order to adjust the settings and also to see a log of readings. It was an older model to the company's more current product line. At the time I just had a MacBook, not a PC with the software needed to see a log of readings. Once at work I was wearing the Narda and saw short spike in the LED indicator but the same reading never was replicated. After having not much luck with the Narda unit I later re-sold it on Ebay. I tested the TriField Meter in the room and was not able to pick up the directed energy frequency in the microwave band but may have indirectly picked up a byproduct of the equipment being used when I set it on the floor where I was laying on the bed and switched it to magnetic range. The needle on the TriField dial started moving as it detected something. Was this a light fixture underneath or some type of equipment positioned underneath my location? I recall I was unable to detect the same signal when I put the TriField on the floor again sometime later. I also made a discovery, while the activity was strong I put my ear to the floor since I was on the top floor and knew the person using the equipment was on the floor underneath, and could hear a low modulating sound that went 'whump… whump…whump…" at regular intervals. This is a sound that I would be able to record in later room rentals using a piezo-electric microphone or pick-up mic. I believe it was related to whatever equipment was being used.

What have we learned so far?

- Low budget EMF Meters were not adequate to measure the pain ray.
- Low budget EMF Meters like a TriField may indirectly detect electronic equipment being used nearby.
- Higher end, more expensive RF testing equipment that requires more technical expertise would have been more ideal to take "pain ray" directed energy measurements.
- A low bass tone modulating sound could be heard by placing ear to the floor during times of harassment.

I stayed at this location (on 162nd Street) until the following Summer. One interesting thing was the perpetrator's room below mine had the window always half open with the curtains drawn, but I think it was always like that even when I moved in. The electronic harassment was so intense during times of strong activity I banged the upper portion of the perpetrators window using a broom with my arm and chest out of my window, banging the window below and then the window appeared semi broken or cracked. There was another time I was so mad I yanked on a cable from the roof that went into the perpetrators apartment - and I heard a TV fall over and out came a recorder with an SD card attached to the cable. I was afraid that I would be accused of theft if I kept it to see what was on it so I let the cable drop to the side of the building. Sometimes I regret not seeing what was on the SD card - it makes me wonder if my electronic harassment was being recorded. That would have been a smoking gun. I also put a web cam onto a stick and tried to look into the window. The curtains made it hard to see what was exactly in the room using the web cam, I did make out something rectangular shaped like the backside of a window air conditioner but nothing really conclusive. Interestingly enough you would think all of these incidents would have the neighbors calling the cops but like the perpetrator in the previous room who saw my peep cam - nothing happened. The tenant named Nuna who I paid rent to I believed suspected something.

The spring or summer arrived and I don't remember if I was coming or going but I saw the building superintendent replacing the window on the room below. The superintendent had placed a large drawer behind him so no one looking at the window could see what's inside the room. I waited until he was done and then saw him on the first floor after he left the apartment. I asked what was inside that room and he just gave me a stare and did not say anything. I got the impression he saw something and was instructed or not willing to talk; he looked upset. Around that time there was a dispute with the tenant over the restroom that seemed to be always occupied. Someone misconstrued my words to mean something I did not say during an argument and I was told to move. I obliged not wanting any trouble while getting electronic harassed. I also knew the woman had two girls. In the previous apartment the woman there had a small boy. I know there is a government element to this harassment and it is a bit shocking that they would torment a person with the pain ray when other families are around, just to make money from counter-terror spending or the justification of a controversial weapon that has to be used out of the public's eye. Whatever politician in congress, governor, mayor, or whoever signed off on this program it seems a bit irresponsible. A person being tormented, harassed, suffering from sleep deprivation - you don't know how they will react, they could snap like Aaron Alexis. Why would you do that with women, children, and families in the same dwelling? Not only is the technology evil and cruel but the people using it, seem to have a lack of regard for life around them. I know there are probably more than one perpetrator in a building - a team effort and the targeted person is on 24/7 watch, but I just don't see them being able to stop a target who snaps from doing something bad. The amount of stupidity and the levels of abuse in government never ceases to amaze me. These are the same people who will argue that being more transparent about what technology they are testing may help the terrorist if revealed - yet they put people's lives in harms way. Would you want to live in a building where a person was being tortured with directed energy week after week? Would you want your children living there - on the same apartment floor? As I moved out of the apartment on 162nd street the two little girls were running up the stairs laughing as I was painfully carrying my stuff down the steps. The empty lot next to it now had construction as a new building was going up and a construction crew was hammering away. Someone moved the feral cats down below where they keep the trash. I found another rental room through a rental room agency a little further south on 156th street.

What have we learned so far?

- The perpetrator(s) tend to have disregard for other tenants in the building like women and children when torturing a person with directed energy.

How the Perps Monitor the Person In The Other Room

I noticed the perpetrator would make adjustments like increasing the directed energy when I tried to shield from it or tried to put more obstructions in the way. It's like they could see your body image and with the equipment they were using to see how much pain ray to apply. I often wondered how the perpetrator using the equipment could see the targeted person in the other room. I later learned about see-through technology. I believe hand-held units placed against the wall to see whats inside a building were first used by the military. Most people are familiar with millimeter wave body scanners at the airport. There have been articles recently about using RF to see through a wall. See-through scanners were tested on the public at New York's Penn Station using "passive millimeter wave" technology by a company called QinetiQ. The person's image on a screen looks similar to a thermal image with objects that can be seen concealed underneath their clothing. Ironically, Raytheon's pain ray also uses millimeter waves. Another possibility in how the perpetrators are able to see the targeted individual is hidden cameras like a small pinhole camera. Although I'm not an expert on spy equipment. I'm sure these days someone could put something really small and undetectable in a room. I tend to believe though it was the see-through technology that was being used with my electronic harassment.

What have we learned so far?

• See-through wall technology similar to passive millimeter wave body scanners may be used to monitor the target in the other room instead of hidden cams.
• See-through technology has been used by the military. There are also lower grade consumer devices.

Pictured: In the new room rental on 156th street an E.L.F. Zone meter was placed on the floor showing strong readings during times of electronic harassment. The pesp cam shows the familiar red/maroon curtain that the perps will use in future room rentals.

08/2014; XX W 156 St Apt XX NY, NY. 10032

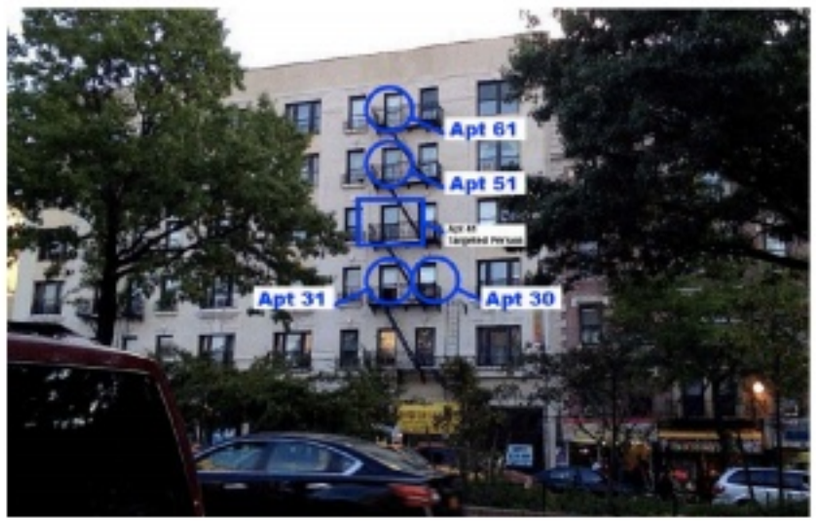
It was now the year 2014. I survived a year of intense electronic harassment. This new rental room I found was on the top floor again. It was another five story building and I was on the fifth floor. This building had only stairs, no elevator like the last building and the room was rented out by a couple who had a small boy. The father was a taxi cab driver. He may have been affected by the Uber craze that was hitting the New York Taxi cab drivers in the wallet. I got the impression they only wanted to rent a room for money and I wasn't that welcome but then again they had a small child. My room was small. I believe it had a TV with remote and a small little shelf or drawer where I put my music gear. I forget when the directed energy started up again but I would say about two or three days after moving in. I made an interesting observation though that would later be observed in a future room rental. Shortly after securing my room rental I observed a young adult person in the apartment below mine reluctantly moving out carrying luggage. He didn't seem too pleased and was complaining. As the directed energy started up coming from the room below mine, I tried to be as discreet as possible in putting shielding material underneath the bed such as aluminum pans. The thicker type orange/silver space blanket that I purchased at a camping outdoor store was used on the mattress. I also purchased an cheap EMF Meter online and tested it out walking around the neighborhood. It wasn't very good but when a subway train would go by as you were waiting on the subway platform you could see a spike in EMF readings. It had a simple graphical interface comprising of LED lights that would light up when close to an EMF source. While the directed energy intensified from underneath I placed the device on the floor and the LED light started blinking but I couldn't tell if it also blinked if/low on batteries (if I recall from reading the instruction manual). I recorded this activity using my laptop camera. Temptation got the best of me and I decided to put a web cam on a stick with the really long USB cable and tried peering in the window below me. I could barely make out furniture but the curtain was usually concealed. Nothing really new happened in this room rental compared to the others and my stay was not long but I did confront the neighbor downstairs. Once while passing by the neighbor's apartment below where the perp would have been, a woman had the door open, she was cooking. At first I didn't pay any mind even though it was tempting to run through the open door and have a look in the room below mine. The floor plan in this building was as you walked through the front door there was the kitchen area connected to bedrooms - one to the

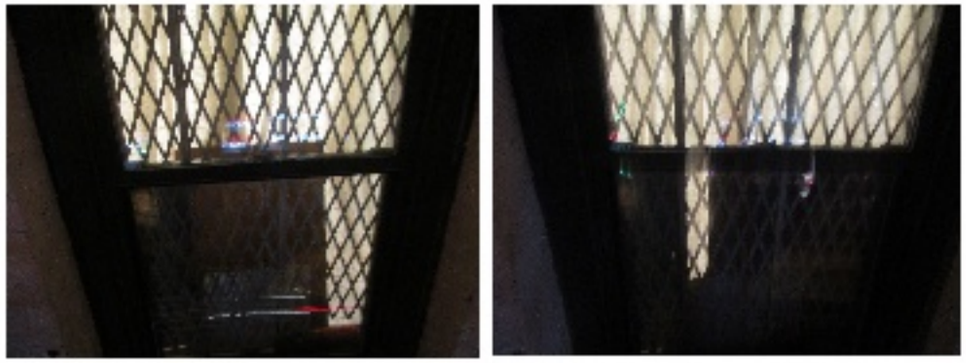
side and others straight ahead down a hallway. The room below mine would have been a short distance by running through the kitchen from the front door. I decided not to because I also knew the perpetrator was armed and would probably shoot me if there. I also knew I was getting hit hard with the directed energy and there was a reason - it was a type of provocation. Another time going up the stairs I noticed the door open with the woman cooking and she was with another person having a conversation. This time I had the courage to make my way in the apartment a little bit and ask her who was in the room below mine. I may have explained I was getting electronic harassed when she questioned who I was and then she shut down and told me to take some steps back and had nothing to say to me as she shut the door - almost like she was instructed to say that. My stay here ended abruptly. As I would go down the stairs I would turn the doorknob where the perp underneath me was staying, I thought I might as well mess with their heads. Well, turning the door knob was enough for the tenant that I was renting a room from to tell me to leave once she got wind of it. One recurring thing is there is always cameras observing the apartments. i.e. surveillance. Even something small like turning a door knob will be detected and played back on video. Whether this is the tenants complaining to management or it has to do with security precautions by the perps - I do not know, but again the police were never involved. I got the impression the apartment downstairs liked their freedom of having the door open when they cooked and were really neighborly like most Latino people are. They did not like the perpetrators in their apartment who were uninvited guest. Seeing me leave so the perpetrators would vacate the building is something I also observed in the next room rental. People would rather have their freedom than have these perpetrators throwing their weight around around. It was my time to make an awkward departure and look for another room using the room rental agency.

What have we learned so far?

- See-through wall technology similar to passive millimeter wave body scanners may be used to monitor the target in the other room instead of hidden cams.
- See-through technology has been used by the military. There are also lower grade consumer devices.

11/2014; XXXX Broadway #XX New York, NY. 10031





Cardboard placed in front of perpetrator's window on the floor above. Similar to the perp on 147th street.

I moved to this building located on Broadway, It was closer to my old neck of the woods in Hamilton Heights. It was also located near the historic Trinity Church graveyard. The room was not on the top floor but the fourth floor so there was a room above and below me. A mid-aged woman was renting out a room that faced the fire escape and street. She appeared divorced, her daughter was married to a man who shared a small room near the restroom. Once they started banging on the restroom while I was taking a dump and complained my excrement smelled. I was sure to use air freshener after that. I don't think they worked, they claimed to go to college I forget but they seemed (careful not to use the word ghetto) immature. There seemed to be a lot of yelling amongst the women in the house. This area was a bit troubled or rough around the edges. I believe there was latino gang activity. A young Latino rapper was shot near the building standing next to a bodega in the early morning hours while I was living there although I did not see it happen but there were always young hoodlum type people hanging out front. What I also remember about this place is the hoodlums out front would play the same rap song over and over again really loud which was quite annoying. This room rental was basically, the same routine as in the other rental rooms where the electronic harassment started up again after two or three days where it was at a hight intensity level. I remember I was mostly targeted in the head and the stomach. What got me in trouble here is the electronic harassment got the best of me and I had to go up the fire escape and take a peak into the window above. An old woman walking down the hallway saw me peeking into the window and let out a yell. I could hear someone opening a drawer and bumping equipment around above me while I was getting electronic harassed. After the woman in the apartment above was startled a man came down and gave me an ultimatum. He told me to leave and he wouldn't call the police. I got the impression that whoever was in the room using the directed energy equipment was an unwelcome guest. They seem to be able to get into these apartments whether the tenants want them there or not. This points to people in a position of authority. At this point I was tempted to tell him to go ahead. The pattern of getting physically abused and being on the run having to haul all my belongings including musical equipment was getting old but I also knew in this case the law was not on my side. So I gave in, but instead of moving to another room rental in New York I took some vacation time at work and decided go back to Dallas, Texas and try to find work there. If it didn't work out I could always take a plane back and return to my security job. I made a deal with a friend who still lived in the Dallas area to hold on to some of my music equipment that I would ship as I tried to make the transition moving to another state.

What have we learned so far?

- When moving to a top floor of a building the perpetrator would get on the floor below.
- I would be followed again when trying to move to another room rental in order to evade the activity
- It would start up again two or three days after moving in.
- The upstairs neighbor where the perpetrator was staying did not want to call the cops after I was caught peering through a window, instead wanted me to move as if the neighbor had an unwelcome guest.

Right: The Texas Theater where Lee Harvey Oswald hid out after the JFK assassination in Oak Cliff.
Left: Window of floor above mine where the perpetrator was staying in Oak Cliff, Texas. Notice the red/maroon curtain.

12/2014; XXX N Lancaster Ave #XX. Dallas, TX. 75203

I found this place in Oak Cliff, Dallas by looking for room rental agencies similar to what I was doing in Manhattan. Dallas, Texas did not have a lot of room rental agencies. It was either find a roommate in the classifieds or get an apartment lease. However I did see a classified for one room agency and it was located in an old apartment complex close to Downtown Dallas. I went to see a person named Al Turner and payed a deposit and a weeks rent for a room in Oak Cliff, Texas. His operation reminded me of a boarding house type place taking in mostly poor people who may be on disability or recovering addicts. Al referred me to a two story apartment that was being revamped but there was still some rooms available. I got on the freeway down I35E exiting to Oak Cliff, Texas that is the southern west portion of Dallas near downtown and found the apartment. This area was traditionally African American with lots of small wooden houses. There is also a large Mexican American population not too far away where Lee Harvey Oswald hid out at the Texas Theater - Its still there as a type of historical marker. I went by and saw the place Al Turner referred me to off Lancaster Avenue and spoke to a person named Cecil Green who was and African American with a Texas drawl. He was a native to the area and was overseeing tenants as well as construction. I asked whether the area was dangerous and he said not really if I keep to myself. Also on a humorous note people would take their laundry and wash it at an apartment down the street when I asked about a laundry mat. I was shown a room that I would share with an elderly African American man who mostly stayed in bed. I can't say he was bed ridden because he would get up with a cane and walk around but a caretaker or nurse type woman would come by on occasion to look after him. There was also the strong smell of urine because of his health condition. I was shown a kitchen area and small bathroom that was to be shared with the elderly man who was already staying there. My room was a small room next to the old man's with a small mattress, a closet, and some trash lying around. I decided to take it since it was cheap and required no lease even though the place was a bit run down which didn't seem to bother me. Also while there in Oak Cliff I returned the rental car and purchased a 1995 Toyota Corolla which turned out to be a mistake.Toyota's are usually good cars but this one had seen better days with very high mileage and was on its last legs. It seemed the automatic transmission was about to go out and was slow switching into gears. I payed I believe $1200 for it. The used car lots in the area make their money off of financing not so much outright selling a used car. I also found a place to purchase cheap car insurance and put a down payment on that. It seemed like I was settling down in the area and was going to stay awhile, even though I was technically on a two-week vacation from my job in New York. Well several days pass and one day while I was walking into the apartment there was a Latino American looking man staring at me from the stairway going to the second floor with a smirk on his face. I didn't say anything and proceeded to enter the apartment. The apartment with my room was on the first floor or bottom floor. Above me I could hear furniture moving around like someone was in an hurry to move the furniture in the room. I exited the apartment to try and see what was going on and out came a younger African American woman holding a suitcase looking visually annoyed. I believed she said she had to move but was very mum and would not say much when I tried to question her why. Sure enough, I believe that night here came the dragging of equipment onto of me with what sound like something metallic or hard being dropped over my head with the same sensation of the directed energy pain-ray. Earlier that day I was out and about and was able to secure a job through a temporary employment service - it was a job moving medical equipment to rooms in the new Parkland Hospital. Interestingly enough while at the employment

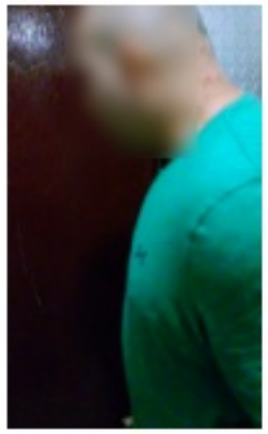
agency (forget the name) that was in a skyscraper near 175 & 635 in North Dallas, near Richardson, I had to do a background check while I waited there. The person doing the screening returned but his demeanor had changed. I got the impression the person doing the employment screening either saw something or was told something that didn't put me in a very good light. Sure enough, it's like the perpetrator above me knew that I had a job the next day that required a certain amount of walking-manual labor since my feet were targeted and were pretty bruised up when I had to go to the job the following morning. The sensation of the pain ray weapon is of course what I would call a sharp pain like a bee-sting or burning, followed by a bruising sensation to the skin afterward. I went to the job and was put with a bunch of other men who were mostly from poor urban backgrounds, we were divided in groups at the new Parkland Hospital building, playing scavenger hunt looking for rooms with numbers using a building schematic to put equipment in. The job only lasted about 4 hours but it was a bit uncomfortable to walk because of the pain ray harassment. I believe that was the last day of this temporary job and the employment agency never called me back. I forget how long I stayed in that apartment complex on Lancaster Avenue but I did stay at a hotel not too far away near I35E I believe the last day I was there. I remember before leaving helping the elderly man with his TV remote and telling him that I was returning to New York - he seemed surprised. I could tell he would go through my room when I was gone, looking for money but I didn't hold it against him - his days appeared numbered and so did mine, it seemed. I took some photos of the place before I left and even went upstairs to listen to see if I could hear anything coming from the apartment. I could only hear some people talking like a man and a woman but couldn't make out what they were saying. One concern with living there is many people have guns, Texas is a big gun state, so trying to snoop around and gather evidence didn't seem very wise. When my vacation was about to end I learned something - the electronic harassment was not just in New York but I would be followed if moving to another state, at least in Texas, and I know California where a family member was targeted. Who actually approves the harassment - I don't know. Some have speculated Fusion Centers, The FBI, private contractors who are actually doing it. Do they need to go to a judge to get approval or is it just done indiscriminately. I could only speculate but it didn't seem like a small operation. Before leaving I had to retrieve my music gear that I mailed to a friend living in Dallas. He was a bit reluctant giving it back, and in fact pretty much avoiding me when I was there, claiming a busy schedule but I think there may have been some money issues and he was planning to move. He tried going in business for himself after quitting an IT job at Fossil (the watch company) that is located in North Texas some years back citing new management. As funny irony would have it. I also gave him vinyl records before moving to New York in 2006 and saw some of the same records while browsing the used vinyl section at Half Priced Books at Northwest Highway. Half Priced books is similar to a book store called The Strand in New York. I could tell they were my records because the type of music wasn't very common and I recognized the wear and tear on the record jackets. I also remember him telling me he goes there to dump off CDs for cash. Now was the issue of ditching the car since a refund wasn't an option. A salvage yard would only give me $300 but after inquiring at a Pawn Shop I was told about a Mexican American car repair shop near Love Field Airport that sells used cars on commission. That seemed like the better option. The owner was very friendly and I think even drove me to a Dart Rail Station after agreeing to sell the car. I went back to see Al Turner who ran the boarding house/ room rental operation out of an apartment complex and got my deposit back explaining things just didn't work out. He didn't seem too pleased and didn't seem to know what was going on. The superintendent overseeing repairs to the apartment on Lancaster Avenue I believe knew something based on his reaction when I told I was leaving - he had a type of smirk on his face. An observation I made while getting electronic harassed is the superintendent's of buildings usually know that something is happening. Do they know exactly what is going on with the electronic harassment I am unsure but it appears someone is able to throw their weight around to get inside the apartment rooms either above or below where the target is staying. Before my flight departed I mailed back my music equipment in two big boxes at a Post Office near downtown Dallas. I still had a PO Box in New York. I was a bit sad I could not move back to Dallas and had to return to New York to my security job where I was a guinea pig to this directed energy weaponry but at least New York had mass transit and I didn't have to worry about a car.

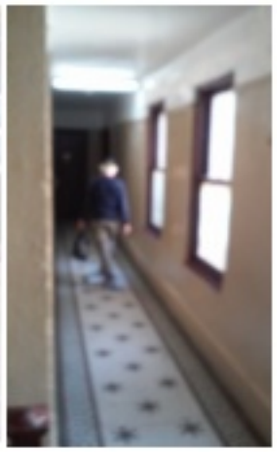
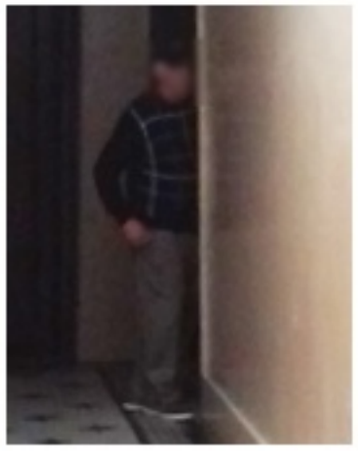
What have we learned so far?]

- Like in previous room rentals the activity would start up again two or three days after moving in.

•Odd behavior by temp employment agency after background check. Like they were told something or saw something accessing a database.
•I was followed to another state with the same activity, so it's not localized. Some speculate Fusion centers, The FBI, contractors on a Federal payroll etc. are involved.

01/2015 to 02/27/16 - XXX West 164th Street #XX



The Perp Stooges: No not *The Three Stooges* but two of the perps that look like them.
bottom right: Notice the perp put his hand in his pocket like there is a concealed weapon.
Top middle: Notice the familiar red/ maroon curtain. Also observed in previous buildings where I was getting harassed.

Upon returning to New York landing at Laguardia Airport, I remember getting on the subway train after taking a city bus from the airport and heading back to Washington Heights to a room rental agency. I was sent to a room on 164th street. This new rental room I found was on the top floor again. It was a six story building. This building had an elevator so it was easier to transport my belongings. There was an older woman there who watched the place.

Her kids appeared to be grown and had left the nest, were living elsewhere. Her husband was also old and was not living there. He was involved in little league baseball and the family pictures were in the living room. My room was not by the front door but down the hall close to the kitchen. The floor layout was shaped like an L. It was a long hallway that hooked right as you open the front door. The room was small and square shaped with I believe one window. It had a little rack with a small TV and a small portable fridge that I never used. I still did not give up on my music even though I was getting tortured. It was like Maslow's Hierarchy of Needs - I needed self-actualization, even though my basic needs and psychological needs were under attack. I believe the first few nights there after moving in the summer and feeling exhausted I was able to get some rest. With shielding I was able to get four-to-five-hour sleep but always seemed to feel tired. So did my family member who was being hit in California. At my room on 164th street I again became a hoarder, looking for cheap material to use as shielding. It seemed every time I moved to a new room rental older junk used as shielding would be thrown out to the curve with all the other building garbage. By that time it was pretty beat up and not practical to bring with me to a new place; I never leaved old junk behind for the tenant to see like wire mesh or junk found on the street out of fear I would be reported for suspicious activity when in reality I was merely trying to defend myself from extrajudicial type abuse. In the room on 164th street I tried to step up my shielding methods by purchasing more specialized shielding material. After hearing a program by Roger Tolces, a private investigator from Chicago who investigated electronic harassment cases on with CoastToCoast AM or on an archived show that he appeared on on the internet I learned of RF shielding material by a company called ECCOSORB. If I recall correctly, there was a story of a rich person being microwaved and had a casket insulated with ECCOSORB - that's where the person would sleep to escape the electronic harassment. So I purchased some used ECCOSORB material online. Two varieties. Both came in a box as looking square tiles. One box had thin squares that had a sandpaper texture. The other box were thicker with a more rubbery feel, I believe it was polyurethane. I placed these underneath the bed and I laid down. I put the thicker variety underneath my head and immediately I noticed the directed energy was less severe. I don't think the perpetrator below me was too happy. I felt bumping around and banging below me. It was a strange sensation to neutralize the pain beam. I could feel the directed energy around me but it did not really inflict pain - more like a tingling sensation. I kind of chuckled and laughed a little bit falling asleep. My adulation did not last long though, the perpetrator or perpetrators figured out what ECCOSORB sheets I was using and adjusted the frequency or amped the power because the pain sensation returned a day or so later. I believe they did turn up the juice or power because when using the ECCOSORB material I got the impression the directed energy was more intense. The thicker rubbery looking ECCOSORB sheets I got though always seem to offer some protection so I used those around my head. The thinner ones that looked like sand paper was not as effective. It must be pointed out that ECCOSORB is not the only brand of RF absorbing material on the market and it's not really intended for consumer use but more for the electronics and defense industry like in an Anechoic Chamber, and its very expensive. Using ECCOSORB was a confirmation that what I was being hit with was indeed RF - I was being microwaved harassed with the pain ray weapon Raytheon developed or the smaller pain ray weapons the National Institute of Justice was developing that was described in those old WIRED Magazine articles from 2008. I also at the time used aluminum cooking sheets placed under my bed along with the thinner sand paper looking ECCOSORB sheets thinking it would be a compliment but the pain ray was still intense.

What have we learned so far?

- The thicker type ECCOSORB RF absorption material was effective against the directed energy pointing to a radio frequency weapon as the source. i.e. the pain ray developed by Raytheon, the National Institute of Justice.

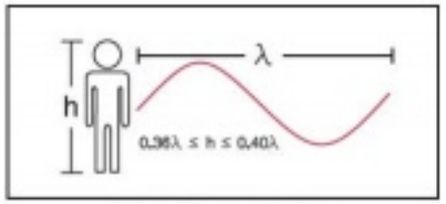
Audio Reconnaissance

During that time at 164th street I also started gathering evidence in the form of audio. I purchased a piezoelectric microphone or contact microphone. Like in the previous room rental on the top floor I could place my I already had music recording equipment so all I needed to do is hook up the audio cable to my recording equipment and amp the signal. Sure enough, after applying a little EQ I was able to hear the "whump…whump…whump…" sound and record it. I could also hear what sounded like someone walking up a ladder to the ceiling of the room below.

ECCOSORB RF Shielding Material. Left thicker variety. Right: thin sand paper texture sheets.

Piezo-electric microphone to record the low modulating-tone coming from the perpetrator's room below. Graphic EQ representation using a DAW to record audio.

Right: Resonance region in microwave absorption of the human body vs. wavelength. When the wavelength is equal size to the body there is higher absorption with unequal distribution of the energy. Hot spots may be created. Source: Narda Safety Test Solutions



Human Resonance Region

It seemed when the electronic harassment was turned up strong the "whump…whump…whump…" sound turned into an angry swarm of bees as it became more revved up. I concluded since I heard the sound in multiple rental rooms, was able to record it with audio equipment, and it changed with the intensity of the harassment - that it was somehow related to the directed energy equipment being used to harass me. In one recording a person could be heard saying "here comes the sonar bounce" and some thumping could be heard close-by before the microphone was disabled.

What have we learned so far?

- Audio reconnaissance revealed a low modulating tone that appeared to be related to the electronic harassment equipment. Also heard in a previous room rental.
- The perpetrator in the room below appeared to notice the microphone in trying to disable it not wanting to be recorded.

The Peep Stooges

On 164th street I believed I saw the perpetrators, at least entering and exiting the apartment below mine, I also used my faithful webcam to have a peek in the window even though I really shouldn't be doing that. The room looked like a dump - it was messy with cups, socks, and garbage laying all over the place. I saw a bed; a tv on top of a counter; a closet but could only partially make out what was inside the room. Later I saw something that looked like a sex toy. That is important because it relates to what I would later hear coming from the apartment that seemed shocking. I could go to the kitchen and see if the room below mine had the light on or if the curtains were open. The webcam didn't really pick up anything conclusive. One person looked like the actor Joe DeRita who played Curly on The Three Stooges. He had a bald shaved head and The Three Stooges actor's face. I learned a female who always wore military bun hairdo and reading glasses was his mother. They sounded like they were from Brooklyn judging from the accent after hearing them speak. There was an older man who looked kind of like Larry from The Three Stooges because he had a patch of curly hair on each side of his head. His hair was white, I thought maybe he was in his 60s. When I first saw him he looked like he was from California the way he was dressed wearing Converse type shoes. He also had a mustache. Once following the older man up the elevator I stopped to watch him open the door to the apartment below mine, he turned to stare at me with a straight face and had one hand in his pocket like he was concealing a firearm, exactly like the African American male I followed from the room rental on 147th street that was in the room above mine where I heard equipment being dragged around. There was one incident where I caught the bald person who looked like the Curly actor from The Three Stooges at the same time in the elevator and I pretended to talk on the phone, I said "Yes, I see him now, I want you to cut off his head" as the Curly looking person was stepping out of the elevator, he turned around angrily and exclaimed, "I heard what you said, You're going to cut off my head, cut off my head!!" I told him I was having a private conversation and continued to my floor. Another experience that was somewhat disturbing was I was in my room rental apartment alone and staring out the kitchen window at the room below mine then all of the sudden I hear a woman yell "get off me, get off me!!! stop! stop!" and she started screaming, it went on for awhile. So I went downstairs and knocked on the door thinking there may have been a rape, at first no one answer, and then I heard the woman say "Answer the door it may be the police." The bald headed Curly looking guy opened the door and I told him what I heard. I forget what he said but it was something like nothing was the matter and then slammed the door. During the end of my stay here I would bounce a ball on the floor to taunt the perpetrator below. I guess they thought that was a good idea because the same thing would be done by the perpetrator on the floor above in a future room rental. The 164th street room rental ended because I threw some yogurt or soda at the door of the apartment below as I was leaving during a time of strong electronic harassment activity and I was told it was caught on camera. I think this was the only room rental where I tried to explain I was being electronic harassed. It was from the grown daughter of the tenant who spoke on the tenants behalf because she spoke better English. What's strange is no one ever called the cops. This was becoming a familiar pattern. One thing I will say in my defense is if you are getting electronic harassed real hard it really does take a certain amount of restraint to just take the abuse and not to retaliate. If this was a physical assault you have the right to defend yourself from a violent action. These people who use directed energy may be in the other room but it is the same as being physically assaulted - it's just the police will not have your side because it is a very difficult thing to prove. This is one of the hardest things to cope with when it comes to directed energy assaults.

What have we learned so far?

- A perpetrator used the same gesture of putting one hand in the pants pocket like there was a concealed hand gun, ready to shoot if I attacked.
- A target or rabbit's activity is carefully watched using building surveillance like cameras.
- Again I was told to move rather than the tenant where the perpetrators were staying calling the police.

Approaching Law Enforcement - Not A Good Outcome

While living in the room rental on 164th street I believed I had sufficient evidence to approach law enforcement

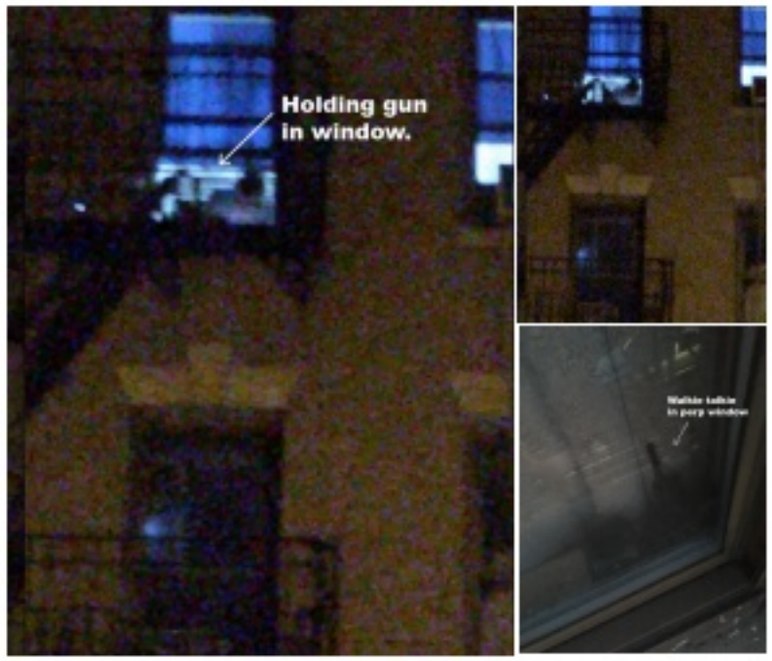
Approaching a police precinct was worth a shot (no pun). I knew from experience though, being ignored when trying to report it to the FBI and my mother shunned after calling the police in Monrovia, California - that what I was experiencing may be extrajudicial in nature and the police would be of no help. I went to the 33rd Precinct and walked into the station, maybe I was too bashful and did not word things correctly but it became clear the cops were unwilling to help, even formed a huddle and tried to brush off my claim as not very serious; a female cop said she would come by; one cop warned I should be careful in what I say to them; one cop asked what laws were being broken? The police have a point, a person can easily incriminate themselves especially of you are not on their good side. No cop ever came by. The laws being enforced are designed for petty criminals not so much abuse by your own government. My policy toward cops is to always ignore them. If I see a cop parked on the side of the road or patrolling the subway I go about my business like they aren't there. I have nothing against cops, I view them sort of like security guards but also realize that my electronic harassment represents an abusive part of our system. It's wrong on so many levels like laws against stalking, harassment, and assault, but directed energy also has the plausible deniability factor. If the activity is government sanctioned behavior kept out of the public's eye will police really help you? So far researching targeted individuals who have been electronically harassed I have yet to read a story about a so called hero cop or the swat team braking down a door and busting a Blackwater type company for abusing directed energy devices against targeted citizens. It's more like a person is involuntary institutionalized after approaching police with their electronic harassment claims.

What have we learned so far?

- There is an unwillingness or inaction by law enforcement to help targeted individuals.
- The electronic harassment is probably extrajudicial in nature by the government.

02/27/2016 to current - XXX Edgecombe Ave Apt. XX. New York, NY. 10031

Edgecombe Avenue is where I stayed the longest, and of course the same thing as the other rooms would happen. After a period of time maybe two or three days here came the bumping and dragging of equipment over my head and the sound of opening and shutting of drawers. I started to use the thicker variety of ECCOSORB material in an unconventional way. By this time the thicker ECCOSORB was having some issues, some of it was falling apart. What I did was use plastic tape and taped it around a plastic waste basket that would fit over my head. The waste basket was more rectangular shaped instead of the cylindrical variety because the cylindrical type will roll, the rectangular lies flat on the bed when you rest your head inside. Then after the ECCOSORB tiles that were tapped all around the plastic waste basket, I put a layer of aluminum cooking sheets around it. Know this can be tricky because metal cooking sheets can cut your skin, so I rolled tape around them. Then I used some thick material like blue jeans around all that. I found that doing layers around the waste basket worked the best. The perpetrator using the directed energy of course turned up the power so it was more intense but at least it was a little protection. I taped some of the cheaper Mylar blanket or emergency blanket on the ceiling above my bed. I found that it did help a little. When I had on the plastic waste basket over my head to sleep with the layer of ECCOSORB it wasn't full proof but it was enough where I was able to fall asleep. The perpetrator then started targeting the mouth, body, and feet. I also felt my stomach being hit and some bumping underneath my bed like there were perpetrators above and below. By this time I gave up on using EMF meters or survey meters. It seems that the more expensive variety was required. I mailed them to my father in Italy who was into electronics and junk.

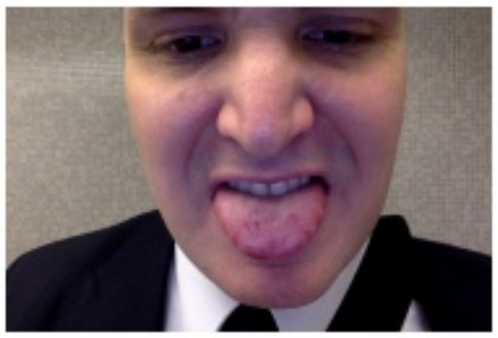


Pictured: Dragon Ball Z looking perp woman holding a gun thinking that I would go up the fire escape. I was in the street instead photographing the window. Walkie talkie in perp window below mine. A perp above and below my room.

Photographed a Woman Perp Holding a Gun

While at 393 Edgecombe, I would sometimes crawl out the window to the fire escape and run up the fire escape steps real fast to have a look-see in the room above but it was only a short glance. Unlike the room rental on Broadway I would only do a short glance and not stare in front of the window that long so someone wouldn't get frightened. I would also wait until there appeared to be no activity. Peering into the room it looked like the equipment being used was put away out of sight.

Pictured: Backtracking allows one to catch the perps/gangstalkers off guard. On the photo to the left, the dark figure standing in the background did not want his picture taken and started to run off when approached. Right: Suspicious man turns his back and does not want his picture taken. Notice the men always have their hands in their pockets (a concealed firearm).



Left: Plastic waste basket surrounded by ECCOSORB, wire mesh, and blue jeans.
Right: I protected my head but they targeted my tongue. You can see the superficial wounds to the tongue.

I tried to give a look-see when the perpetrator was not there. I always heard a drawer opening and closing. When I was in my room and the perpetrator was there it always sounded like equipment was being set up and shuffled around, but the perpetrators eventually caught-on that I would try to go up the fire escape. They were setting up a trap. During the summer the window of the perpetrator's room was always a little open, almost like to tempt me to go up the fire escape. One hot summer evening I crawled out onto the fire escape and used my hands to mimic a walking motion up the fire escape steps, then I sneaked back into my rental room and proceeded to quietly exit the apartment going out to the street holding up my iPhone taking video footage of the room above mine. In the window was a short woman with her hair tied into a bun and with one arm stretched out had a gun pointed down the fire escape stairs and with the other hand appeared to be looking at a screen or tablet like there was a video feed. The perpetrator woman kept her position until noticing I was standing in the street taking video and pulled her head ducking out of sight in embarrassment. The video footage I took shows that the purpose of the targeting is provocation. When the targeted individual tries to attack (fight or flight response) because of the harassment, the perp will then shoot claiming self defense - like a legal killing or covert action. Why would the government do this? I guess it depends who you make mad, it could be counter-intelligence, my UFO research may have been enough in light of the Pentagon's UFO Threat study. This is why targeted individuals have to become extra cautious in how they approach things. Doing something out of anger or impulse may be a death sentence.

How many people have been killed (covert action) by electronic harassment while trying to retaliate I do not know. I know from my own research there has been a number of targeted individual suicides. There is a program to target and kill suspected terrorist overseas using drones at a push of a button while watching a video monitor. No one would think it would happen here but if you notice there is more domestic terrorism rhetoric in the news. I also noticed the room below almost always had the curtains closed but I made one interesting observation - I saw a walkie talkie in the window. If you remember I could feel bumping below me when I was lying down and the banging or dragging of equipment above my position like there was a person above and below. The walkie talkie would have been used for communication. My time at Edgecombe Avenue was spent having the perpetrators try various new electronic harassment methods over time. I believe this is called in the targeted individual community "non consensual experimentation." There would be the foggy or blurred vision; pricked eyes or the sensation of dust in the eyes; the sensation of hearing loss; tooth pain; a pierced, singed or blistered tongue; blood in stool after being targeted in the stomach or anal region; and more recently a whiplash sensation. It seems these people with the pain ray technology test it out in a lab somewhere and then try it on some poor targeted individual soul so some people can get a government check or money from the government. There seems to be little recourse, as previously mentioned complaining to the police or the FBI seems to be a lost cause.

What have we learned so far?

- The perpetrator(s) are armed with guns and ready to kill a target if charged or attacked.
- A target is experimented on where new things are being tried over time, as if to perfect the technology, or see what's most effective.
- It appears the perpetrator(s) test the pain ray or directed energy in a lab somewhere before using it on a target.

2015; Going to Doctors To Get Checked Out

Maybe a year or two after the pain ray harassment began I started going to doctors using my health insurance at work. I went to a cardiologist woman near central park when my chest was being targeted. When I arrived I got the impression she wasn't a serious doctor and just prescribed meds to the rich in the area. She listened to my heart and then put me on a treadmill and made me walk for a few minutes. Didn't seem particularly fond of me because I wasn't her usual customer. She made me go nearby to a lab to get a blood sample taken. I had to ask if the needles were clean because the people taking the blood samples looked like they just got out of a medical billing and nursing for-profit school. Like all things New York the place seemed kind of dirty. The cardiologist subscribed some feel good drugs but I didn't bother because I know America has a serious drug problem. I did a follow up appointment because blood samples were taken in a lab. She said my thyroid seemed to be off or high. I recall that the thyroid is especially susceptible to radiation exposure. I also went to see an eye doctor when my eyes were being targeted. In fact because of all the pain I went through I think one eye is slightly crooked. It was one of those places where they also sell you glasses. He put a device in my eye to have a close look and it was inconclusive Then I went to see a cancer doctor who always advertises non invasive cancer treatment on the radio in New York. If you listen to the same AM radio station that plays CoastToCoast Am in New York you probably know what Doctor I am referring to. He had a big photo of former Mayor Giuliani on his wall. I believe I told him about the electronic harassment and cancer concerns but I don't think he seemed to care much. He suggested that I could get an MRI then handed me a bunch of promotional material about his show - all of it ugly useless like junk mail. I think he believed that people were actually interested in hearing him talk on a paid radio infomercial and he was proud of his show. The people at the receptionist desk were eager to get my insurance info like hungry sharks. I made my way to the hospital for an MRI of my skull. I remember the ear ringing was especially strong as I was in the MRI machine lying down flat on my back faced upwards. I did a follow up appointment with the cancer doctor and the MRI didn't detect anything abnormal. I also went to take a physical. I was told that nothing was wrong with me but I was morbidly obese and should job more often; control the intake of food by counting calories. I went to see an ear doctor because of the ear ringing. Nothing was found to be the matter. As I was going down the elevator a man with a cane told the story of going to see the wrong doctor and he thinks he's being experimented on. I told him based on my experience, I'm not surprised or I know the feeling. One thing I did not do, or should do is a psychological examination since that is the go-to excuse the police use.

The police and mainstream media use "mental health" to try to deny that electronic harassment or the abuse of directed energy is happening. Then again, would police take a mentally fit bill of health seriously? They would probably still involuntary commit you following protocol like so many other TI's. My mother too went to see doctors regarding her harassment. Early on I think it was a general examination after being frightened. Then when her feet were being targeted so she would have a hard time walking my big sister took her to see a foot doctor, then more recently a doctor about her legs when her legs were being targeted. Then my Mom told the story of how a creepy nurse showed up one day to take blood samples and she had a circular red mark on her arm afterward. One downside of being targeted with the pain compliance weapons and being told nothing is wrong with you when you go see a doctor is one could have pain not related to the pain ray harassment. A recent example is going to see a dentist and being reminded that he told me about a cavity two years ago and asked if my tooth was throbbing - now I needed a root canal. Then you're kind of weary about having a procedure done because of the horror stories from other targeted individuals about being tagged or having a chip implanted. I almost forgot that I also went to see a dermatologist about a skin condition on my leg. The dermatologist woman looked at my leg with fascination and told me it was a type of dermatitis. I asked her what the cause was but she said it remains unknown and there wasn't much she could do. Upon further investigation the rash on my leg very much resembled a condition called radiation dermatitis. It's caused by radiotherapy. ie. exposure to radiation. The dermatitis condition started in Texas when I was getting the more crude form of electronic harassment. During the early days of the pain ray harassment it was still inflamed, in recent years it has started to clear up.

What have we learned so far?

- Doctor check ups mostly indicated non-lethal weaponry that inflict pain but leaves little physical trace with a few exceptions like higher thyroid levels, radiation dermatitis (early on).
- Inflicting pain to areas of the body where one thinks they are being harmed is probably a psychological war tactic.

Left: A dermatitis condition that developed on the leg during the early targeting. Perhaps radiation dermatitis.
Right: Superficial bruising mark made across the upper chest after heavy targeting to that area while lying down.

Meanwhile The Pain Ray Treatment Continued At Work

The first couple of years the pain ray harassment was strong - not only at home but also in the workplace. At work I was still being targeted while sitting in the lobby area and I believe my job was in the process of moving to a new location because the client was relocating to a new building in lower Manhattan. I mean that in the literal sense since the skyscraper had just been built. The initial plan was I would go to another site and not the new skyscraper with the client but the electrician who worked for the client I believe knew I was getting electronic harassed and said I should moved to the new building. After the pain ray assaults began I wasn't treated too kindly at my job as if there was some type of slander or defamation. People would use terms like "anti-social" even though I never been convicted of a crime - one former employee said it was coming from the client. It was implied that I carried a laptop because of nefarious activity.

During a random inspection a security manager from the client's Chief Security Office popped in asking about my mother (who was being targeted). He seemed somewhat alarmed that after I got directed energy assaulted at work early in the morning hours, I took a ladder from a computer server room and was inspecting the ceiling, looking above ceiling tiles to see if I could spot where a directed energy device was being concealed, at least that was my impression when shortly after he showed up looking angry. Other high ups also brought up my mother which seemed a strange way to start a conversation like a type of psychological warfare or gaslighting that is commonly reported by other targeted individuals. The client would also express fake concern of how I felt. One interesting thing to note about this new building, and I recorded this with my laptop, is whenever the pain ray weapon was being used in the workplace like it was concealed and remotely controlled somewhere, I could hear these tiny clicks. It seemed the more stronger the activity, there was the more clicking type sounds. I even tried standing on chairs put on top of a work desk to remove ceiling tile panels and to see if I could spot anything but there were just pipes, metal shafts fluorescent light fixtures. One interesting story that is work related, while still in the old location where I was situated in the lobby, a security guard only working part time would come by. His name was Mohan and claimed to do security for the Trump family, even driving Trump family members around. This was before Donald Trump became a presidential contender. I got the impression Mohan was there to observe my harassment but it could have also been coincidence. When questioned about Trump he would say things like Trump mostly sits in his office and says dumb stuff, kind of like his now famous Twitter post, although he also claimed the Trump family was pretty down-to-earth, and that some of what you see on TV like the reality TV show The Apprentice is just for entertainment. I asked Mohan if he was payed well and he said no. He was employed through a security contractor like I was. As Donald Trump became a serious presidential contender the contractors at my work site started kissing Mohan's ass, some of which I suspected knew about my targeting or were involved like the contractor at my job installing camera and security surveillance equipment. Mohan eventually quit before Trump was elected and became very patriotic wanting to join the military. A Marine Reservist who was a security guard receptionist on the executive floor, would check in for the morning roll call and taunt me making slurred speech. I got the impression because of the TBN type symptoms I was experiencing (I was targeted in the head a lot during that time and suffering from sleep deprivation and would slur some of my words). The Marine Reservist would try and talk Mohan out of joining the military thinking he was not military material. The Marine Reservist employee was very articulate and had a way with people but also had a habit of lying. He would eventually get a job in law enforcement part of the K9 unit with no higher education. The government-related client I worked at had a history of ethical issues. There was a scandal involving a certain politician, lets just say involving critical infrastructure (without giving too much away who the government client is). It seems government bureaucracies are a breeding ground for corruption. They value interpersonal skills but seem to lack ethical qualities and are very hierarchical in nature, having constant meetings over every little issue. It's funny to see some of them push their weight around trying to intimidate others who they view as subordinates making statements like Do you know who I am? especially when something happens and someone might get the blame; also the condescending nature many of them have towards a person like a security guard who is not in a favorable position. Yet the same people tend to be absent minded, leaving out details of what floor guest for a meeting is supposed to go or even getting the dates wrong. These are people who are supposed to be college educated. It points out the dangers in letting the government have no transparency in what they do, even if they play up threats like so called terrorism, or the 9-11 terrorist attacks.

Informants at Work

At work I had the impression that some of my co-workers may be informants. One former co-worker made the comment that a co-worker named XXXXX could look at my laptop and report that I was a terrorist. This employee would bring up things that I never mentioned like UFOs or things I would say when alone or stuff I would communicate via E-mail with a family member. Very similar to the client asking how's my mother - the head game, gaslighting stuff. I learned when dealing with informants just play dumb and brush off what they say like it doesn't bother you. Claiming someone is an informant, even though you kind of know they are, will just make you look paranoid. So it's an issue I never bring up nor the electronic harassment for obvious reasons. It's important to gather proper evidence and go about things a certain way without discrediting yourself. I noticed

the former employee who implied Santiago was an informant would also glance and stare at my laptop like he was instructed to report what he saw. I believe this was the insider threat type stuff that the client was using to get the counter-terror spending, testing out the pain ray weaponry.

Black Bags - Itching Powder Put in Clothes and Uniform at Work

Some targeted individuals believe nano material is used against them. I'm not sure I can attest to that but the perpetrator(s) started to put itching fibers in my clothes in my workplace locker where I kept my corporate security uniform and in my clothes at home, usually a day or two after doing my laundry. I believe someone was doing a black bag putting the itching fibers in my clothes at home. I suspect it's the same people in the building using the directed energy. Alda, the woman I'm renting a room from is probably being cooperative in letting them in. If I shook my clothes at work I could see the tiny things floating in the air. I even took some photographs using my laptop camera. A little white fiber can be made out looking like a chopped strand of hair. At work it could be any number of the Government-related client people in security management involved in the harassment campaign going through my locker. It fits an overall pattern of the harassment happening both at home and at work. The purpose of course is psychological, to decrease one's morale. I.e. psychological warfare. Also behavioral reinforcement - the powers that be do not approve of your behavior therefore you are being punished.

Biological or Chemical Attacks

I would get an unusually amount of colds or have flu-like symptoms or sometimes just feel like I'm coming down with a cold/ sore throat feeling. The targeted family member on the West Coast where it's warm and sunny most of the year would describe the same thing. Also uncontrollable sneezing where the nose feels irritated like a chemical agent was put in the air with irritation to the nostrils. The there were times I had a runny nose out of the blue with no cold. The chem-attacks also happened at work when I was alone like something was put in the air.

What have we learned so far?

- The workplace played a role in Stephen Watson's electronic harassment from the use of informants staring at his computer, bag bags to put itching powder in his clothes, pain ray equipment which appeared to be concealed, to the gov client using gaslighting or intimidation knowing his mother was also targeted, and less-than lethal chemical attacks.

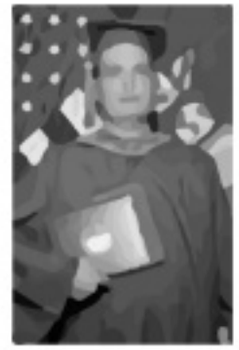
Why I kept working the same job?

Part of the reason I kept working the same job, instead of just quitting or running scared like other TI's, is I had health benefits through a Union and I knew that the government was behind the harassment. If the story broke that the government was abusing directed energy weapons I would have a good case against my employer & client. The client for the security company that I work for always gets sued - so much so that they have their own legal department. It was also in close proximity to a junior college I went to. There is also the other issue of those who are ostracized by society eventually becoming homeless unable to find work. Now when I see the homeless I have a new found respect or understanding of their plight. Some of them may have been targeted by the government and driven to homelessness. There's an ugly aspect to our society that can be very exploitative. American has the largest prison populations, outspends the entire world on military, and tens of thousands have been killed by the opioid crises largely fueled by the greedy pharmaceutical industry or Big Pharma. It seems the intelligence industry or targeting industry is no exception, it represents a type of abuse that is occurring involving homeland security. People taking advantage of a lack of transparency post 9-11 to make money picking on or bullying citizens.

What have we learned so far?

- A targeted individual still has to make a living. Running may not be the best option. Stephen Watson's employer/gov client was also lawsuit prone.

Electronic Harassed in College and Student Informants; FBI Faculty



Pictured: Graduation photo Class of 2019 at BMCC where I was targeted that had FBI faculty. Senator Chuck Schumer gave a speech playing up 9-11/terrorism. I was hit in the throat during his speech to have uncontrollable coughing but held it in.

I went to a college named Borough of Manhattan Community College. I would take late afternoon or evening classes and then go to work during the overnights. After a class had ended there was usually a few hours of free time. As you could imagine taking college classes while getting electronic harassed was tuff. I was tired so I would sleep at the college in their recreational areas. I started to feel the pain ray. Allowing me to sleep would defeat the purpose of the electronic harassment. I tried to figure out how and where it was happening. One day I moved to another floor or different parts of the college building and noticed it was stronger in certain areas like the window. Or if I went to a certain area of a study hall it would start up there after a while. There was one student named Fahad who tried to befriend me, always asking for my phone number or trying to text message. At first I just assumed he was just being friendly trying to network with other students. He was one of those students that would disrupt a class asking a lot of questions and voicing his opinion challenging the professor. He also dressed like a slob, kind of like me. Then would try to hang around with me after class and talk. Once he wanted to know where I went after class. I told him sometimes I go to Little India and eat Indian food. I made a statement about something being queer while on the train with him and he took offense. I couldn't tell if it was because he was gay or being politically correct. He used to always tell me to post YouTube videos about anything that's on my mind and monetize my account. One day I got tired of him and brought up that he might be the FBI. He got mad and bought up ringing in the ear (which I never mentioned) and that the FBI might storm the area at any moments notice. He said his major was criminal justice. One day I saw him as not a slob but with another person neatly dressed in black clothes scoping out the area. He had a different calm demeanor. My last semester I never saw the guy but when I first started going to college he would pop up somewhere. I can't prove he was an informant or a TI when he mentioned ringing in the ear but he came across as an informant. One day I heard two guys who were taking computer science classes. They were outside the classroom in a seating area. An older student was talking to a younger Asian student who seemed impressionable. The older student mentioned that a professor who oversees the computers in a computer lab works for the FBI. I butted into the conversation since I was seated close by and made the comment that I thought that was creepy, the older student said he knows but the professor who works for the FBI is a good guy. Another interesting thing is some of the professor's seem to be friendly at first and then it was like they heard something bad about me and were rather off putting. I remember in my Macroeconomics class I would get targeted in the throat two weeks in a row - the sensation of gagging or having to cough. I ended up passing all my courses and earning a degree anyway. I went to the graduation ceremony at Madison Square Garden, as Senator Chuck Schumer who made an appearance spoke during the ceremony I started to get hit in the throat again. I did my best not to uncontrollably cough. Senator Chuck Schumer, of course would bring up counterterrorism in his speech. Funnily enough, I tried writing to him and Charles Rangel when the pain ray harassment began and received a form letter response. Nothing was ever done. It's been rare that any US politician has acknowledge the targeting phenomenon or tried to put a stop to it.

What have we learned so far?

- Directed energy was stronger on one side of the building like it was from an external source, possibly a cell tower.
- DE equipment may have been placed inside the school concealed like at his workplace.
- HUMINT or human intelligence plays a role in the targeting. The FBI's use of informants have exponentially grown since 9-11.

Politicians no help.

Shortly after being targeted with the pain ray in 2013, I did try contacting my political representatives. It is unlikely they read my concerns, or if they did read them took it seriously, or if read was willing to do anything about it. There is also the possibility that the politicians I contacted through their web site like Charles Rangel or Senator Chuck Schumer already knew about the targeting program and that I was being targeted. It is interesting to think about how much people in congress or the senate actually know about targeted individuals. It is clear though that these same politicians enjoy Federal spending on things like counterterrorism. As much as we as a country do not want to think of ourselves as war mongers, the defense industry is a source of jobs in many states. That also goes for government spending bureaucracies following 9-11 like the DHS and TSA. I remember filing a complaint to the FCC and received a form letter response. The FCC is mostly concerned with electronic interference from other electronic devices. The irony is if a targeted individual tried active shielding like a jamming device that interfered with other tenants electronic devices in a building they may get a visit from the FCC, not so much the perpetrators using the directed energy devices against you. In college I learned that complaining to a politician yields very little results. The way to instigate change is through activism, or what MLK termed civil disobedience. MLK was also a proponent of peaceful protest, unlike today where there is a lack of tolerance, and protest are met with violence by the opposing side. Will enough targeted individuals be able to build up enough numbers to be noticed remains to be seen in a world where a lot of people are buying for your attention, when there seems to be a protest about something every week - mostly about hot button topics promoted by the news who likes to fan the flames.

What have we learned so far?

- Politicians do not help targeted individuals. They are probably already aware or sold on targeting programs using less-than lethal technology and it accounts for a certain amount of Federal spending that states enjoy like on homeland security or counterterrorism.
- Politicians usually do not act on individual concerns unless there is public outcry, protest/ civil disobedience like Black Live Matter, MLK's Civil Rights Movement.

Meanwhile Family Member is Attacked in Retirement Home

My mother's problem did not end after my big sister moved her to a retirement home in Pasadena, California. She claims to have to go to sleep by a certain time or will not able to. It seems the pain ray will start up during the evening time. On one visit to California, I observed two perfect round red circles on each of her toes while we went to the beach. She tried keeping her feet underneath the sand thinking it would help. The perpetrator's would target her legs and feet where it was hard to walk. I think she may have been institutionalized for psychological examination in trying to complain thinking it was criminal activity. At one point it got so bad the African American lady running the retirement center tried to run her off by accusing her of petty stuff like clogging the drains. The past few years have been rough - she's had to use a walker to get around because of her legs being targeted. She called in middle of the night claiming to sit on the floor in trying to avoid being targeted in her bed and could feel the equipment being used like it may have been concealed or placed nearby making a vibration. In a recent visit to Pasadena, California while driving her in a rental car to look at an AirBnB room that I would be staying at - what I term the long distance directed energy could be felt in my jaw or mouth; she was in visible pain getting out of the car to look at a house I would be staying at. I decided it would be good to get away from the area and visit a relative living in the Yucca Valley. As we drove on the 210 getting further away from Pasadena and the L.A area the pain ray stopped. I missed my exit and was driving around Palm Springs, the site of the giant wind farm and there was no directed energy. She felt better and could walk without the aid of the walker. It seemed the directed energy was strong in the Los Angeles area but not so in more sparsely populated-desert areas. It makes me believe the long range harassment using directed energy may have to do with equipment installed where there is lots of cell phone coverage pointing to microwave antennas/ cell towers.

What have we learned so far?

- The pain ray could no longer be felt in more remote areas away from Los Angeles like the desert. Pointing to the equipment being installed on microwave antennas/ cell towers in more populated areas.

Left: Retirement center in Pasadena, California where my mother (pictured bottom left) still gets directed energy assaults.
Right: Air BnB Apartment rental in Northern Italy where I was targeted while on a week's vacation.

Targeted While On Vacation

As you learned from my experience traveling to California, visiting my mother who is being targeted, I've also experience the pain ray treatment while on vacation. At first visiting my father in Northern Italy there was no harassment. I remember my first trip in 2014 or 2015 I slept like a baby. It actually felt weird not being hit with directed energy. Total silence, not even the tinnitus. In subsequent trips however that would all change. I remember one visit I stayed at an Air BnB rental near my father's place in an apartment building. I thought this was a great deal. Here I was in Northern Italy with an apartment all to my self at a low price. I went when it was cold, not exactly tourist season. The other catch was the heater and hot water would shut off after 20 minutes and you had to trip a switch by stepping outside the front door. Still here I was in Italy, and it seemed like a nice escape from the electronic harassment that I was getting in New York. Two or three days later the sound of children running above me and Italians talking stopped. There was dead silence by the apartment neighbors on the floor above and here came the dragging of equipment piecing my position with the sensation of the pain ray. Not only in the living room but also the bedroom. There would also be the bouncing of a ball to let me know that that the perpetrator or perpetrators were there (like I bounced a ball to taunt them in the room rental on 164th street in New York). I did not tell my father, he would get in his car and drive me to the AirBnB rental when it was getting late to be on the safe side, even though the streets seemed safe enough. I didn't want him to react in anger going up to where the perpetrators were. He would tell the story of his father if what was happening to me happened to him he would go up there and whip their ass - my Dad's father who fought in the war was not a very nice person especially when it came to being pushed around. I also knew the harassment was a type of provocation and a confrontation in a foreign country was probably not a wise decision. Before leaving I received a phone call from the AirBnB host and she seemed pretty creeped out or scared judging from her voice asking if everything is okay. It's like she heard something was going on inside the building.

Targeted In Hotel Rooms

Also on vacation while staying at hotels, especially when being booked in advance on my laptop, the pain ray harassment would start up. It seemed to come from a hotel room nearby. That's judging from the bumping that I would hear in my hotel room.

Like someone was close-by in the adjacent room. This of course could also be explained by other hotel occupants but it seemed to coincide with the harassment. A prime example is when me and my mother (targeted family member) went to see my sister in Texas who was recovering from an automobile accident. I checked into a one-story hotel in Stephenville, Texas. My mom stayed with my sister in her trailer. I believe in this hotel the electronic harassment started right *away* - maybe a day later after checking in. I had booked hotel reservations far in advance - maybe that's why. This was one of those one story rectangular shaped budget hotel buildings surrounded by a parking lot. There was a family from India that was in the office and it smelled like Indian food. I asked them where I could get some Indian food but they didn't seem to understand or recommend anything. Stephenville, Texas is a college town west of Forth Worth. It has a large Wal-Mart, BBQ and Mexican food restaurants but not really known for cuisine from southern Asia. At one point I lived in Stephenville, Texas and worked at a factory there during the late 1990s. My grandparents moved us there because my mother just could not pay the rent in Dallas on her own and I also had trouble holding down a job. Ironically, Stephenville, Texas greatest claim to fame was the 2008 Stephenville, UFO flap and in fact the relative that my mom and I were visiting had UFO sightings. I remember, we rented a small wooden house sort of close to the town square and my sister was in the backyard smoking a cigarette, she ran inside looking pale claiming to have seen a flying saucer with rotating lights slowly moving over houses. She claims a co-worker where she worked at a gas station saw the same thing. This would have been the early 2000s before I moved to an apartment in Northern Dallas or Richardson, Texas where my electronic harassment would begin. Now in the present time this electronic harassment was some type of program like from a dystopian future that was like living out a nightmare. My hotel room was a basic economy type thing with a bed, tv on a counter, and small restroom. I think the perpetrator was in the room next to mine because I could hear the sound of something solid or metallic bumping from the wall behind me, that coincided with the sensation of being hit with a pain ray. Before one jumps to the conclusion in my description of the sound of bumping at a hotel. It wasn't like people partying or fooling around - it sounded like someone using equipment. My mother claimed to also be pestered while staying with my little sister in her trailer. She was in a spare room toward the back of the trailer and the directed energy was disturbing her sleep. She tried putting an handkerchief around her head and was having a real hard time while there and wanted to leave. Meanwhile my little sister was complaining about pain, related to her automobile accident. I tried to determine where the electronic harassment was coming from. It was a typical trailer park with trailers next to each other. The neighbors next to my little sister's trailer appeared to be very private. The window curtains were never opened. I asked her who lived there and she said two men but it was hard to determine if they were involved. When we were all in my rental car I had to drop by my hotel room again and there with the door open at the room next to mine was a woman sitting outside in one of those camping looking chair's with sunglasses. It was like she wanted to pass the time being outside instead of being stuck in a hotel room like she was keeping post or something. It wasn't really an attractive looking woman either. The perpetrators to me always have a street clothes cop look, or former military, former felons who spent time in prison, even the women perpetrators. It's also important to note that Aaron Alexis, the Navy Yard shooter, also claimed to be followed to a hotel room where he was being electronic harassed.

What have we learned so far?

•A target is followed while traveling, especially when booking reservations in advance using a personal computer or laptop or on a long vacation.
•The perpetrator(s) would use the equipment in a hotel room nearby.

The Crying Perp Phenomenon

On a visit to California which I previously mentioned where my mother was being targeted on her feet and later her legs being targeted and having to use a walker, before going to the beach we went to a grocery store nearby. A group of people maybe two or three came to stand next to us, acting a little strange. While I was getting ready to check out one short woman part of the group was staring at my mother crying. I recall this was reported by another targeted individual - like some people are unwillingly part of these programs, showing remorse or still having a conscience. This reminded me of the Milgram Experiment which was a psychological experiment to see if a person would apply electric shock to another when instructed to by an authority figure.

That vacation was weird, the weather was nice, the beach was pleasant, I remember someones pet parrots where flying overhead at the beach yet I was getting microwaved and my mother, the targeted family member, was also experiencing pain. The targeted individual phenomenon is one of those contrasting things; a type of juxtaposition where it could be nice outside and very pretty, yet there is an element of oppression and cruelty hanging overhead. Sometimes the atmosphere around you isn't very nice and its pure dread; it's easy to feel down on oneself as the psychological warfare takes effect but it appears some perps may be suffering too in knowing right from wrong. Los Angeles does remind me of the horror movie Night of The Living Dead. It's a weird place where people walk around like zombies having pure apathy toward one another. New York City on the other hand is a sanitized world for the affluent who's number one leisure activity is walking their dog. People have more compassion for their pet than their fellow man, it seems judging by the condition you see some homeless people are in. It's that marginalized and ostracized segment of society. Targeted individuals also fit into this world of exclusion - people who are being picked on, bullied, pestered by those serving the establishment trying to justify spending on perceived threats.

What have we learned so far?

- Some perpetrators in the program to target citizens may appear emotional affected/ moved knowing what they are doing is wrong (unethical) and perhaps feel trapped having to go along with it.

Targeted while Flying

While going to visit relatives or on vacation the pain ray could be felt on passenger jets. In recent years it has gotten worse not only to fly but the severity of the electronic harassment on planes. I used to wonder how it was possible, thinking of some targeted individuals who believe satellites are being used. I've always been skeptical of the satellite claim due to the distance a signal would have to travel, the logistics involved etc. I remember seeing a web site claiming Iridium satellites were involved. I knew though based on my own experience the stronger directed energy assaults involved people using equipment at close range. I remember when it was just ringing in the ear, enough to be uncomfortable. In recent years parts of the body has been targeted with the stronger pain ray harassment. I took a plane flight to Miami which was delayed for five hours at Laguardia Airport. I was taking advantage an airline voucher from a previous canceled flight. As the American Airlines departed much to the frustration of passengers I felt being targeted hard in the chest and sometimes in the throat with the uncontrollable urge to cough, once the plane achieved high altitude. Likewise my most recent trip to Pasadena, California there was targeting in the heart or chest area. It felt I may have a heart attack but I just took the pain in stride, even though there is a little fear that those abusing directed energy technology may get carried away and you may go into cardiac arrest. I think the dilemma with passenger aircraft pose to the perpetrators is the whole motive of the electronic harassment is to cause sleep deprivation. A person on a long flight, un-pestered can get a good nights sleep or a nice long nap. It's also an excuse for more spending and testing the technology on airliners. It also points to who is really behind the program due to TSA screenings, luggage x-rayed before boarding a flight - there has to be government involvement. It seemed the harassers wanted to up the ante. After all they had free reign testing and using the less-than lethal technology on people with little or no accountability or public scrutiny. What abusive people don't understand though, is after a while the abused person stops caring because it's not much of a life anyway. This is one of the flaws of pain reinforcement or applying more physical abuse to achieve and objective - it can only be so effective before a person becomes desensitized. So called game-changing less-than lethal technology also has limitations - it may not avert tragedy if the so-called terrorist being targeted knows its only intended to inflict pain or just to scare someone. I was targeted heavily in the chest/heart while going to California from New York. On the return flight home however something strange happened. The plane was delayed on the return. I forget if it was a mechanical issue or due to traffic but I felt that something was afoot After boarding the plane a strange man sat by me who seemed void of emotion. I had a window seat and as the plane reached high altitude I could feel the pain ray hitting my chest. At one point I left my seat excusing myself to go to the restroom. A creepy woman sitting a few seats back had out a tablet as if she was watching something. As I passed by her seat and stared at her and the device she had in her hand, it was as if she did not notice me coming and was taken aback, quickly concealing whatever she was looking at and bending downward toward her legs.

I thought her behavior was rather peculiar. As the plane landed at JFK Airport, everyone started to exit but I stayed-put observing. The strange man seated next to me didn't understand why I was not getting up to leave and slowly left himself. I got the impression he was extra-security in case the directed energy assault made me act out. Sure enough the woman who I caught off guard earlier that was looking at a device, stayed behind too and was the last one to get off the plane who was with a man who appeared to have a brace on his leg and was using crutches. I thought to myself it looks suspect - he didn't seem that injured. The woman at this point proceeded to take down some rather heavy overhead luggage and had trouble pulling it down the airplane isle as they both proceeded to exit. A flight attendant standing behind them looked visibly upset seeing me watch them as I was the last one to get off the plane. I overheard her making a comment that the plane should have had a sky marshal on board while conversing with other flight attendants glancing in my direction. I thought to myself, am I really that scary looking or just made out to be this bad person? I followed the man with what looked like a fake injury walking along with his crutches and the woman continue to struggle with her very heavy luggage-case, pulling it down the bridge tunnel that connects the plane to the terminal. After exiting the plane they stopped at a restroom nearby talking to each other showing concern when noticing me trailing. I continued to walk past a bit and then sat in a chair where boarding passengers were waiting for a departure. After they exited the restroom I followed behind. A man stopped in his tracks standing behind me and had an expression of shock and concern. He came across as a look-out man. I had my iPhone out pretending to take video of the woman with her heavy luggage and the man with crutches and they appeared to be on edge, then I turned the phone toward the look-out man and he quickly turned around not wanting to be filmed. The woman with the heavy luggage and man with crutches of course were not taking the public transport - they probably had a car waiting at tax payer expense. I just kind of laughed it off and proceeded to walk toward the AirTrain to catch the New York subway like all the other lower class mortals/ potential terrorist being picked on by big brother. I knew from that point though how the directed energy assaults were occurring when I was flying on a passenger aircraft. I thought of an article published in New Scientist from 2008 where it described the National Institute of Justice (NIJ) developing prototypes of portable pain ray equipment with a limited range - not the Active Denial but something even smaller that would fit inside a suitcase.

What have we learned so far?

- The pain ray is portable enough now to carried aboard a plane by agents using luggage. Due to TSA screenings at the airport it points to Federal or government involvement, probably counter-terrorism spending.

Targeted Individual Groups/ Organizations/Growing Protest Movements/ Call-In Support Lines

In recent years (2017-2019) there have been efforts to protest by targeted individual groups, not only at home where some of the bigger protest took place in cities like Chicago, Sacramento but also internationally like Poland, Japan, Korea yet these protest have garnished little to no media coverage. It's strange to see 20 to 50 people walking around holding up signs in broad daylight out of desperation that high-tech weaponry is covertly being used against them and it not being reported. Before a protest though, there appears to be some in-fighting amongst targeted individual personalities and targeted individual groups as if to try and disrupt any real momentum. Recent years have seen the rise of targeted individual support groups, not only in the US but internationally mostly through social media and targeted individuals putting up a website. Most are non-profits that are not very large in numbers. International groups like from Poland, Japan etc. appear to be larger in numbers and are a bit more serious/grass roots. Targeted Individual groups in America tend to be plagued by marginalization. Some targeted individual group members want to remain anonymous claiming because of career/family reasons like its a type of closet activism. Early organizations (not mentioning names) were a bit sketchy, with former members alleging a misappropriation of funds by the leader and the organization having to change its name. Some suspect that these groups are just front organizations by the intelligence community used for containment so there is no real mobilization or designed to gathering info - keeping tabs on TI's. There have been numerous survey's, request that personal info be given for a class action lawsuit even though it is unclear who is going to be sued, the government also has sovereign immunity. One survey was by some former NSA whistle blowers yet nothing came out of it. I tend to believe there is an intel element to some these groups and a marginalization campaign from my own experience so the subject matter is not taken seriously.

Pictured: Targeted individual protest that I attended in Washington DC, the United Nation in New York and Boston from the years 2015-2017. In the group photo (bottom right) I'm pictured center back.

Signs of marginalization are evident from posting YouTube videos about my targeting some years back and then being trolled by newly formed fake accounts. When I posted non-targeted individual videos there was little to no activity. Targeted groups on social media also have some questionable postings as to make the subject matter not look credible. One can certainly suspect that some TI organization leaders or targeted individual personalities are really just operatives, informants but it is a hard thing to prove. The old saying "actions speak louder than words" rings true. A targeted individual must ask how effective these so called targeted individual organizations, fb groups have been even though it has been a challenge. I appeared on a call-in show after attending the 2017 Unity and Hope conference in Boston (a TI convention) because I was recommended to appear by one of the attendees. I never contacted the call-in show host, partly due to her anonymous nature which I found suspect (the call-in host does not use her real name or show her face). I received a call out-of-the-blue from the host, because I handed out my phone number at the conference. The host tone was rather off-putting like I was reluctantly being invited as a guest. I gave a rather awkward interview, partly due to my environment - when the interview took place I was at college with the thought of other students hearing me even though I tried to go where there were less people in the building, and the fact I had a cheap pre-paid phone that was hard to hear. I later became suspicious, not only because the call in-host kept her identity anonymous but from also listening to the show's archives - some of the call-ins appeared to be staged with the host going along with it. Other times people would be interrupted when giving interesting testimony and things would go off on a tangent - other callers talking over each other too. I know some of this has to do with the nature of call-ins but the rude interruptions appeared to be intentional, rather suspect. It was not only this host but some of the other call-ins by some of these so called TI organizations. Rude interruptions and going off on a tangent so there is no real discourse.

What have we learned so far?

- There has been a growing number of targeted individual groups not only in the US but internationally.
- There has been more of an effort in recent years to mobilize or protest electronic harassment by group organizers.
- Marginalization whether intentional or not has hampered serious efforts, also perhaps not large enough numbers.
- Some are suspicious of TI groups, possibly being front organizations because of the lack of results or serious efforts.

Protest Reprisal, Retaliation

My efforts to peacefully protest in order to spread awareness about directed energy assaults and the targeting resulted in retaliation. It was like standing up to the school yard bully and being punched in the nose. In 2015 I attended a small protest in Washington D.C.; In 2017 The Unity and Hope Conference; In 2018 Targeted Individual Day at City Hall Park in Manhattan; as well as staging my own protest holding up a sign against directed energy assaults in front of the UN building in New York and the Federal building in lower Manhattan. All were met with heavy directed energy reprisals afterward, not only toward me but a family member. It makes you wonder do the people who claim to defend this country, flag wavers, people in uniform etc. just don't have a clue or just don't care? The obvious answer is they don't want to get caught and don't care about the First Amendment, Eight Amendment or maybe they think you the target isn't worthy of Constitutional Rights - an enemy combatant. You're considered a terrorist for not being likable or subversive. I kind of regret not burning the American flag at a protest to show my disapproval to my physical abuse - I don't think it would have made much of a difference anyway. I stopped going to protest because it seems you can't do that anymore unless you enjoy pain. This of course should be encouraging to extreme totalitarian regimes who can't wait to get their hands on the pain ray weapon and may be reading this book with delight.

What have we learned so far?

- There has been an effort to suppress my own protest involvement by encountering strong electronic harassment afterward as if my own rights of a citizen do not matter (an enemy combatant).

The Media Focuses on Psychological Explanations Instead of Real Targeting/Technology

The media portrayal of targeted individuals has not been positive or well researched and maybe that is intentional. There is always the assumption that it is something psychological with little reporting on the alleged technology that can be abused like directed energy weapons (DEWs). Some of that has to do with ignorant or lazy reporting that's based on first impressions. Maybe the weaker media is the product of people buying less print publications or less people watching their local news. A targeted individual or person who believes that they are the victim of covert harassment. I.e. directed energy assaults, being gang-stalked, or harassed with "voice-to-skull" is of course delusional; suffering from mass hysteria - the explanation given to the so-called sonic attack on Embassy officials. The attack on US officials or spy's in Cuba was also poor journalism where I guess the term "sonic" stuck because there was a noise element in some reports. It seemed like every week a new natural explanation by the press was given like crickets disturbing Embassy officials' sleep - that's even with the affected officials or injured officials being removed, medically examined, with TBN injuries, hearing loss, and later an expert claiming it was some type of RF weapon was used, there was still an attitude by the press that is just their imagination. The narrative of discrediting targeted individuals is they all suffer from a technophobia and find each other on the internet or believe gangs of people are following them. I'm guessing this has to do with a journalist passively observing online videos after a quick internet search. Naturally its the high-brow attitude of being better educated in things like critical thinking; deductive and inductive reasoning, and there must be nothing to it or that sort of thing could not be happening. In all honesty, I can see how a person who has not been targeted with cruel technology like directed energy that I experienced may come to this conclusion. The subject matter depicted on the internet crosses the realm of big brother conspiracies, people paranoid over 5G, and smart meters. It's very much an us-against-them mentality during the era of Alex Jones. Targeted individual groups on social media tend to be somewhat of a fringe circus. It's true that some people being targeted may not really be targets at all but indeed exhibit mental health issues like paranoia or schizophrenia and see targeted individuals on the internet believing that they are targets themselves. On the other hand, we live in an era of mass surveillance, homeland security/counter-terror bureaucracies that lack any type of transparency; target-kill drone strike programs; Gitmo using torture tactics like sleep deprivation (what I experienced and Aaron Alexis described); more militarized police, so the covert use of high-tech weaponry isn't that far-fetched considering the National Institute of Justice (NIJ) wanted to put the pain ray technology in the hands of law enforcement. This is exactly what happened when the The Los Angeles County sheriff's department in 2010 announced they planned to field test the Assault Intervention Device (AID).

Left: The Assault Intervention Device (AID), Raytheon's microwave pain-inducing weapon that uses millimeter waves tested by the LA police on prisoners in 2010.
Right: A passive millimeter wave body scanner tested on pedestrians in New York and Los Angeles in 2017 by police. Both are joystick controlled by a police officer staring at a monitor.

The Assault Intervention Device (AID)

There was outcry by the ACLU calling such a device "tantamount to torture." Before that Raytheon's Active Denial System (ADS) was planned to be used in the war in Iraq but there were PR concerns over using such a weapon - in light of the Abu Ghraib prisoner abuse scandal. The Cuba embassy attacks is an indicator that such technology started to become used clandestinely - both domestically and abroad and one could understand the appeal. It's very much plausible deniability type stuff. The VOICE of GOD weapon or MEDUSSA weapon that beams microwaves at a person's skull to create the sensation of sound inside the head, or what TI's call Voice To Skull (V2K), was canceled out of fear of hurting the brain but isn't that what was reported in the so called Cuba embassy sonic attacks? One journalist writing for Vanity Fair confused the Voice of God weapon for a sonic weapon like LRAD. The who to ne of the article was humorous are sarcastic. Many of the articles about targeted individuals by journalist rely on psychology experts from some University when the information regarding actual technology is very lacking. For example WIRED Magazine had and article depicting targeted individuals as delusional yet failed to mention pain ray weapon articles in their own publications from 10 years ago. No article mentioned the Assault Intervention Device tested on prisoners. Sure its old news but it seems relevant to what some targeted individuals are reporting with directed energy assaults. Many suspect that the mainstream media is just a propaganda arm of the intelligence community. This may sound conspiratorial but when apparent abuses or enough people are coming forward and many Individual cases are being ignored, such as mine, then it makes you wonder. This is not to side with the current President who seems to want absolute power and is critical of the press but it is something that has been suspected for a long time. It's true that many governments use their media for their own agenda and I'm sure America is no exception. The US media certainly ignores homeland security, counter-terror programs that seem to exist with no scrutiny or oversight, and private intelligence agencies (PIAs) that targets or monitors people for profit. CBS 60 Minutes did a story only focusing on Israeli intel firms but not the many that exist in the US termed "meat shops" in Washington.

What have we learned so far?

- The media relies on mental health experts to explain the targeting ignoring technology that has been developed or prototyped like the Assault Intervention Device, or the NIJ developing smaller pain rays, etc.
- Recent years have seen more reporting on private intelligence like Black Cube, Palantir, yet the media makes no correlation with citizens being targeted.
- The non-transparent War on Terror or counter-terror gets a free pass by the press. A lack of investigation if abuses are occurring to justify spending or if the spending on such programs is still justified since a lot time has passed since 9-11 and no major attacks by the Angry Muslim since then.

Right: Ultrasound pian guns sold on the internet. Left: Raytheon's Silent Guardian Protection System.

The Plausible Deniability Factor of Electromagnetic Weapons

The appeal of using directed energy weapons against people is obvious. You see this with people pointing lasers like a dazzler at airline pilots - something that can get a person in trouble (unless you're the military) but it still happens. Unlike guns or conventional weaponry directed energy (DE) makes no sound and can be used remotely. Directed energy weapons (DEWs) are termed "the silent weapon." Most directed energy weapons (DEWs) are associated with military applications like high energy lasers. A short synopsis of the history of directed energy weapons is the military experimented with chemical/gas lasers that can be very powerful - think Co2 laser cutting machines or Ronald Raegan's SDI Star Wars missile defense program using weaponized satellites to shoot powerful beams at nuclear warheads, then in the early part of the 21st century the trend of directed energy started moving toward solid state technology because it is smaller, more compact than the big cumbersome chemical lasers. Many targeted individuals refer to directed energy (DE) as to mean the less-than lethal variety or the abuse of non-lethal weapons. Directed energy as a less-lethal weapon would have appeal because of the plausible deniability factor. A conductive energy device like a taser used by law enforcement spurs a lot of controversy. It's very apparent that a non-lethal weapon is being used to try and subdue an unruly suspect because a taser has to make contact with the skin in order to emit a painful jolt of electricity. Directed energy like Raytheon's pain ray weapon can be remotely be aimed at someone. Only the target would feel the painful effects. First this technology developed by Raytheon was a big truck mounted unit powered by a Gyrotron. The Initial purpose was it would be used as a crowd control device like to help disperse an unruly mob or quell a riot. Similar to the LRAD that emits loud audio to disperse crowds or ward of pirates. Then Raytheon developed the Silent Guardian derived from the term the silent weapon. This was smaller but still large in size. Around 2007 Wired Magazine started publishing articles that there was a desire to create smaller, more compact pain rays using solid state technology and this was being developed by Sandia National Labs; The National Institute of Justice; Raytheon. The idea was to put smaller, more compact pain ray weapon technology in the hands of law enforcement. In a New Scientist article from 24 December 2008 it claimed that a portable table top device by the NIJ was developed with the range of less-than a meter and a backpack sized prototype of 15 meters. Mysteriously, talk of smaller pain ray weaponry all but disappeared and fails to be reported by the media. In all likelihood it probably went underground. This has to do with the fear factor radiation weapons have on the public, even if it is non-ionizing radiation like Radio Frequency. So then I believe the plan by those developing and using such technology was to use it out of the public's eye on selected targets just do to the flak something like the pain ray weapon would receive. Plausible deniability and marginalization could be used to brush off a target's claims.

What have we learned so far?

- Directed energy also named the "silent weapon" has a strong plausible deniability factor since it is not visible and can be remotely used against a target.

Computer Interference a Common Occurrence

My laptop which is a MacBook would get hot like a toaster oven especially if I was involved in UFO research, self-published UFO books, or targeted individual activism. Even though my self published graphic illustrated books were an amateur operation and not that popular and neither my Geocities or Angelfire web sites compiling UFO info, it was made out to be a big threat by someone (most likely the Pentagon) and every little thing would have to be monitored. It was obvious and not a subtle thing. Most of the time my laptop would be normal and then the battery would quickly drain as you could hear it revving up and getting hot. This happened at home and in the workplace, also when I wasn't even on the internet. I took my older MacBook to a repair shop and they said the problem was not the battery but something installed like spyware. Apple computers are not really known to have viruses. I purchased a new MacBook and the same issues started occurring. Sometimes the MacBook would restart by itself or I would be given an error message when trying to save a file and have to restart. It should be pointed out that the suspect activity was strong when dealing with the aforementioned subject matters and not so much my music projects. The funny thing is I'm not a person who uses Tor or encryption because I have nothing to hide. All my research whether it be UFOs or electronic harassment came from a public source and posted or published for all to see. It also became apparent early on that my internet activity coincided with electronic harassment while I was participating on UFO forums. Unlike the alarmist government or the Department of Defense - I have nothing to hide; no ulterior motives. So it was just another example of the passive aggressive bully behavior infringing on a person's first amendment rights - justifying spending by making something out of nothing.

What have we learned so far?

- Stephen Watson's MacBook would get hot, sluggish, sometimes restarting during strong activity.
- Computer monitoring or hacking has always played a role in Stephen Watson's electronic harassment.
- The targeting points to the surveillance state or contractors with hacking capabilities

Legal Remedies or Lawsuits Against Electronic Harassment

Many targeted individuals talk of a class action lawsuit yet nothing happens. Part of this is due out of ignorance and part out of desperation. It's very easy to threaten to sue someone but legal matters are a bit more complex. For example, how do you sue Homeland Security or a government abusing plausible deniability technology? Are such cases winnable or will they be thrown out by the judge as frivolous? Strong evidence is something a targeted individual has to consider which can be easier said than done due to the clandestine nature of the weaponry. Suing the government for example may be barred by what is called sovereign immunity. One must also consider if a case is winnable before spending lots of money on a lawyer who may be taking you for a ride. What type of lawyer do you need? Does it have legal precedent? Can you do a tort just by claiming the pain ray is being used against you? Who are you going to sue and how do you find out who's really doing it? Do you need to go on record by filing an affidavit? There are I stated there are liability protections for contractors that may be taking advantage of the DHS SAFETY Act. Then there are cases such as my own where a civil proceeding may be in order since the harassers use the neighbors property. Maybe I can do interrogatories or a summons - it could explain why some neighbors were eager for me to leave without calling the cops. I can do a notice of claim against the government client where I work as a security guard. I always got the impression that what was happening to me wasn't supposed to but someone (in a position of power) thinks that they can get away with it. Certainly not having money, or unwilling to spend lots of money like in my case (no pun) is a hurdle in proceeding with a lawsuit and I'm sure it's why some people make easy targets. It would be one thing if you thought you had a chance of winning but there hasn't been a lot of cases of people having success in suing the government over electronic harassment. Certainly, they have tried. There is a list of cases where people who thought that they were being electronic harassed have tried to sue. That being said, I don't hold it out of the question that a person persistent enough can have success. The other side (the harassers) do make mistakes. This is why you the targeted individual must educate yourself on legal matters. Some of you may find yourself adept at that sort of thing. You may have a natural knack for the law. This of course is not legal advice but just my perspective from looking at my legal options.

What have we learned so far?

- It's hard to sue the government but a legal approach is not out of the question like a civil lawsuit against perp neighbors.

- Many things have to be considered when considering a legal approach like is a case winnable? Do you actually need an attorney?

A Push For Police Transparency Post 9-11

Recently there has been a new push for transparency even though people in government/law enforcement are still very alarmist bringing up 9-11. There is lots of controversy over technology how personal data is being used for exploitative purposes, Cambridge Analytica being a prime example. Or a data mining company called Palintir using Amazon.com to help Federal Agencies like ICE track immigrants. Part of this push for transparency has a lot to do with politics. Whether you love or hate Trump it's becoming obvious that people with power, money, and influence wield the upper hand when it comes to technology and how it can be used against the average citizen, to spy on a citizen, and to track citizens or non-citizens. With terms like predictive policing, the police influence in neighborhoods using community policing, being privy to watch listing, a person can make a good case that the police are actually cheating when it boast about lower crime numbers. In 2017 some New York City council members proposed the POST Act or the Public Oversight of Surveillance Technology Act. The NYPD went on the offensive arguing that revealing such technology would inhibit counter-terrorism efforts. Other cities have pushed for similar transparency. I think the main concern by those pushing for transparency was more over the controversy regarding immigration. Federal agencies such as ICE or law enforcement could easily use this technological advantage to track or snoop on people here illegally. There was also the issue of racial profiling or what is called ethnic mapping. The NYPD and CIA had a special relationship after 9-11. For example, Larry Sanchez from the CIA joined the reigns of the NYPD and would follow and stalk Muslims in New York. Of course, over time Muslims became less of a perceived threat so you hear more about domestic terrorism or homegrown terrorist. Some say the term terrorism is political. Antifa were holding up signs that White Nationalist or the KKK are terrorist and Trump was calling Antifa lefty terrorist. Then some politicians were calling active shooters terrorist after some recently well publicized cases. It used to be simple, the radicalized Muslim that hi-jacks planes was a terrorist but now anybody can be called a terrorist. This alarming trend of using scapegoats in politics has pushed for more transparency, not so much concerns of where all the counter-terrorism spending is going, not so much our privacy or rights being violated. For a long time people gave the government a free pass on things like government snooping and data collection but now there is more concern because of contentious government policies.

What have we learned so far?

- There's a push for more transparency on government or contractor snooping because of politics.
- Domestic terrorism rhetoric is on the rise due to conflicts between extremist/hate groups, also mass shootings.
- There is less terrorism rhetoric about the Angry Muslim.

The Culprits - The Fear Economy/ Threat Mitigation

Below I list of what I consider the most like suspects of my electronic harassment.

Intel Contractors (PIAs): A growing profit-driven industry of former defense-intelligence people selling risk mitigation and specialize in tradecraft or targeting. Like leaches they thrive off Federal spending using their Washington connections, cater to rich clients, and powerful corporations. Many hide under the radar with names like Black Cube or Black Bird and receive very little news coverage. It can be compared to the Erik Price mercenary business "Blackwater" that proliferated following the 9-11-2001 terrorist attacks. Intel contracting is not only big in the US but now international. Recently there has been of a backlash with names like Palantir Technologies and Black Cube making the news.

The FBI: The Intercept revealed the FBI had become overzealous with what is termed "disruption programs" during the so called War on Terror targeting many types of people it did not want to take to court out of the embarrassment of losing a court case. The FBI has a history of surveillance abuse going back to COINTELPRO

The FBI also monitors/ targets people/ groups deemed subversive like its Guardian Threat Tracking System.

Law Enforcement: It was revealed the NYPD has non-disclosure agreements with private contractors testing new technology as well as enjoying Federal funds for its counter-terror operations. Lawrence 'Larry' Sanchez, a former CIA officer, was part of a program to surveil the City's Muslim population, later getting into private intelligence going on "rabbit runs." It was also alleged that police departments receive used military grade equipment from the wars in Afghanistan and Iraq. When City Hall in New York proposed a Police Oversight Surveillance Act (POST Act) the NYPD went on the offensive claiming it would inhibit their counter-terror operations with one journalist calling their opposition to more transparency misleading. See-through technology such as body scanners using millimeter waves were tested by the Port Authority and at Penn Station in Manhattan. The police have not been helpful in the plight of TI's as many who go to them for help report involuntary institutionalization.

The CIA: The 2014 Senate Report on CIA Torture has similarities to what targeted individuals describe. Most people think of waterboarding when it comes to Gitmo but threats to family and sleep deprivation are also listed. Although the CIA is associated with foreign matters, some CIA officials have been involved with law enforcement such as Larry Sanchez who followed and stalked Muslims in New York.

Homeland Security (DHS); various counter-terrorism bureaucracies: Many targeted individuals are suspect of Fusion Centers. Information sharing centers that are very secretive and out of the public's eye monitoring the population. The "Watch List" system has been brought up by targeted individuals. Terrorism gives those in authority to test technology and do things that they don't have to be transparent about. Today, the angry Muslim threat that justified the Patriot Act, have all but gone away. Now there is more emphasis on "domestic terrorism" threats.

The Department of Defense (DoD): The beginning of my targeting coincides with Pentagon's UFO Threat Identification Program. One of the more public figures associated with that program named Luis Elizondo specialized in counterintelligence. The Pentagon also kept a list of people, activist deemed a threat in a database named TALON.

DARPA: Some targeted individuals will mention DARPA who is connected to the Pentagon or military. Partly due to their developing-scary-new-innovative-weapons image. DARPA are involved in directed energy (DE) technology for military applications. DARPA was involved in the government-related agency where I was stationed at as a security guard. From what I assume their involvement may have had to do with a project protecting the airports - although this is mere speculation. Could they be involved it testing pain-compliance directed energy on civilian targets? To me it seems doubtful but can not rule out they may have been involved in my harassment.

Billionaires: Robert Bigelow, an eccentric billionaire from Las Vegas can be attributed to the Pentagon's UFO Threat Identification Program because of his friendship with then Senator Harry Read. There was tremendous paranoia by Bigelow over foreign adversaries like China and their emerging role in the space/growing interest in UFOs. Billionaires would have the money for stalking like Harvey Weinstein and Black Cube. Bigelow himself has a history of paying teams of people, researchers, UFO organizations like MUFON (Star Team) to satisfy his own UFO obsession. Other Billionaire's like Peter Thiel, co-founder of PayPal, company Palantir technologies has been cited in articles as keeping track of certain people who are deemed "subversive."

End Summary.

- In the early 2000s Stephen Watson started to receive electronic harassment that coincided with posting to UFO forums.
- In 2013 he became targeted with the pain ray at home and workplace.
- The purpose appeared to try and cause sleep deprivation.
- In 2013 a family member who would always call was also targeted describing the same activity, sleep deprivation.
- There was inaction by law enforcement who were defensive or complicit.
- In 2015 Stephen Watson tried posting online video testimony and protesting to no avail.

• The media coverage of targeted individuals is debunker or negative.
• Targeted individual groups/organizations suffer from marginalization or low numbers to be effective.

How to Not be a TI (or be exploited by those looking for the naive and vulnerable).

If you noticed from my testimony my behavior may have made me a target. Here is some advice in how to not become targeted in the age of mass surveillance / a lack of gov transparency.

• Try not to look subversive or provocative online. Big brother is watching you and is now doing the trolling (troll factories). Appear normal, mundane, blend in. Post images of cats.
• Pay attention to who the government monitors like activist, conspiracy theorist, hate groups, environmentalist, whistle blowers, loner/losers etc. All these may make you a target by overzealous types looking for prey.
• Stay away from certain types of employment that may have ties with the targeting industry. I.e. Government/The Feds, defense, intelligence industry. Crossing the wrong person may make you a target. I.e. "insider threat."
• If you are a loser limit your participation on social media. People can see if you don't have many friends or not successful/ keeping up with the Joneses. I.e. the dreaded "lone wolf" associated with Active Shooters.
• Don't protest or attend protest. Protest activities are monitored by the authorities. It makes you a target.
• Stay away from politics. Everyone feels strongly about politics but in reality no one cares about your political opinion. Appearing like an angry citizen may make you a target.
• Act dumb if you're poor. Being too smart & underachieving means evil genius to those looking at psychological profiles.

Glossary of Terms

9-1-1: the American emergency phone number to call police. Also ironically, associated with the 2001 terrorist attack.

acquiescence: the reluctant acceptance of something without protest.

active millimeter wave scanners: direct millimeter wave energy at the subject then interpret the reflected energy.

active shielding: equipment like jammers to disrupt surveillance, electronic harassment.

active shooter: a term by the DHS to describe mass shooters or going postal.

Advanced Aerospace Threat Identification Program (AATIP): The secret Pentagon study of UFOs during the 2000s but is still allegedly on-going in some facet.

agent provocateur: a person from the intelligence community that stirs the pot, creates conflict within a group - usually in foreign operations.

Alt-Right: far right, neoconservative, white nationalist.

American Exceptionalism: The USA is #1, everybody else should be dominated.

Anarchism: a political philosophy advocating self-governing societies based on voluntary institutions. Anarchist are often infiltrated by FBI informants.

Animal rights extremism: believe strongly in the justice for al animals. Often targeted by FBI.

Antifa: super liberal anti-fascist groups that violently clash with the Alt-Right.

Angry Muslim: the antagonist when the so called War on Terror started. They usually scream "Allahu Akbar" and appear fearsome.

alarmist: someone who is considered to be exaggerating a danger and so causing needless worry or panic.

avatar account: a fake online ID or persona used for stalking a target by a private intelligence contractor.

Active Denial: an early pain ray RF/maser weapon developed by defense contractor Raytheon for crowd control.

affidavit (legal): a sworn or affirmed statement made in writing and signed; if sworn, it is notarized.

Baker Act: A Florida law - the same as involuntary institutionalization.

behavioral modification: the theory that some targeted individuals are being tortured as a means of control.

Big Pharma: conspiracy theory that believes the pharmaceutical industry operates for greedy sinister purposes.

bioeffects: effects of radio waves and high-powered microwaves on the human body.

bioethics: ethics of biological research whether it be medicine, weaponry, etc.

black bag: unauthorized search or break in to someones house to go through their belongings.

brainwashing: the human mind can be altered or controlled by certain psychological techniques.

CACI International: Federal contractor alleged to have been involved with the Abu Ghraib prisoner abuse scandal as well as the known or suspected terrorist watchlisting system.

censorship: the ability to stop free and open expression from reaching the public.

chemical attacks: where a targeted individual believes some type of chemical or substance is used in their harassment.

chemtrails: the conspiracy believe that toxic agents are spread in the air by large aircraft leaving trails in the sky.

Citizen App. A popular smartphone app that monitors police scanners and members film crime scenes.

COINTELPRO: counter-intelligence by the FBI against suspected communist, and the civil rights movement during the Cold War.

community policing: some targeted individuals believe that community policing or neighborhood watch groups are complicit in their targeting, infraguard etc.

conductive energy device: a device that conducts electricity when it hits he skin like a taser used by law enforcement.

conspiracy theorist: the belief that there's something sinister, afoot involving the powers that be - made popular on the internet (Alex Jones) and late night talk radio.

conspiracy to commit: charges to conspire against something or someone by the authorities.

counter-intelligence: gather information to neutralize or disrupt activities that threaten national interest.

covert-action: a secretive action to neutralize a citizen deemed a threat, usually death.

criminal element: the element of our economy involved in illegal activity or criminal enterprise.

denial: the act not wanting to acknowledge something disturbing is real.

de-humanize: to take away qualities that makes us human like compassion toward others.

delusional: a false belief associated with mental disorders.

despotism: the exercise of absolute power, especially in a cruel and oppressive way.

DHS SAFETY Act: legal liability protections for antiterrorism technologies.

direct action: strikes, demonstrations, or other forms to protest.

Directed Energy (DE): used to describe weapon technology like lasers, masers, RF, microwave.

Directed Energy Weapons (DEWs): associated with high-energy laser weapons used by the military to shoot down a drone, etc.

disclosure (movement): activism by UFO conspiracy theorist that the government should spill the beans on aliens, UFOs

disposition matrix: used to describe black sites, kill list, predator drone strike programs.

disruption programs: the FBI tries to disrupt a person's activities without taking them to court.

domestic terrorist: citizens accused of terrorism by the government, usually not the angry Muslim.

dot com bubble: a period of economic growth during the late 90s because of internet web sites/innovation.

dragnet: a sting operation where a front organization or fake adds attract people later to charged with a crime. Usually in prostitution.

The Eight Amendment: punishments must be fair, cannot be cruel.

electronic harassment: a figurative term by targeted individuals to described directed energy or electromagnetic weapon assaults.

Electromagnetic hypersensitivity (EHS): sensitivity to electromagnetic fields.

electronic tagging: the attaching of electronic markers to people or goods for monitoring purposes, e.g., to track offenders under house arrest or to deter shoplifters.

electronic warfare: associated with the military. i.e. jamming devices.

emotionally disturbed: a term often used by law enforcement to describe a person's erratic behavior, usually someone very upset.

EMF measurements: are measurements of ambient (surrounding) electromagnetic fields that are performed using particular sensors or probes, such as EMF meters.

entrapment: setting people up for terrorism plots by the FBI.

Faraday Cage: a grounded metal screen surrounding a piece of equipment to exclude electrostatic and electromagnetic influences.

fight or flight response: the instinctive physiological response to a threatening situation, which readies one either to resist forcibly or to run away.

First Amendment: right to free speech, free press, peaceably to assemble.

First Amendment audit: people with cameras on public property who provoke confrontations with angry law enforcement then file lawsuits.

FISA Amendment Act: foreign intelligence surveillance act that is often cited by targeted individuals. Similar to the Patriot Act.

FOIA: Freedom Of Information Act.

flag waver: someone overly patriotic into nationalism, troop worshipping and will go along with any war - the flag is always on display.

front organizations: an organization like a non-profit that really serves the intelligence community.

Fusion Center: information sharing centers to keep track of citizens by the DHS that are in locations across the US kept secret from the public.

gang stalking: a term by targeted individuals to describe coordinated groups of people, perhaps surveillance role players, or intel contractors who overtly follow and stalk a person as a form of intimidation/ pressure tactic.

gaslighting: a psychological manipulative tactic by others to you question your own sanity.

Gauss Meter: displays electromagnetic wave measurements in Gauss (G), milliGauss (mG), milliTesla (mT) or microTesla (µT) units.

ghost: a term for special FBI special agents who follow someone on foot or traffic without being detected.

Gitmo: Guantanamo Bay detention camp.

The Guardian Threat Tracking System: FBI reporting system that tracks threats. It took over the DoD's TALON in 2007.

hacktivist: hacker activist like Barrett Brown who exposed private intel contractors and was targeted by the FBI.

handler: the leader of the perpetrators giving orders.

hate groups or domestic hate groups: show prejudice, hate other types of people. Targeted by SPLC, The FBI.

honey trap: an attractive woman who is really agent uses sex appeal to set up a person.

horizontal organizations: prominent with anarchism, no real leader instead teamwork, collaboration, bartering.

hostile working environment: a targeted individual may report changes in the colleagues behavior usually on the negative in the workplace.

human rights: rights inherent to all human beings like life, liberty, freedom from slavery and torture, free speech, right to work and education.

human trafficking: trade of humans for exploitative/nefarious purposes.

HUMINT: military terminology for gathering human intelligence.

hybrid warfare: unconventional warfare not involving a traditional army to fight against like hacking, manipulating social media.

informant: snitches for the FBI that try to incriminate someone; they appear like civilians and try to befriend others.

insider threat: someone within a company that divulges unauthorized company secrets or a whistle blower.

interrogatories (legal): written questions propounded by one party and served on an adversary, who must provide written answers thereto under oath.

involuntary institutionalization: when a person is deemed crazy by the police and held for psychological examination against their will.

ionizing radiation: stuff that people call radiative, harmful.

KST File: Known Suspected Terrorist file that law enforcement, the TSA/Feds have access to by accessing a watch-list database.

KURBARK Manual: A 1963 CIA counterintelligence interrogation manual details torture techniques like shock, isolation, threats, sensory deprivation.

law enforcement: armed uniform people on a government payroll that enforce the laws.

Less-Lethal Weapons: A nicer term for non-lethal weapon.

Libertarians: A political philosophy that believes in principles like political freedom, autonomy, individualism.

lone wolf: a person, usually a loner, acting alone in some plot.

loser: an unambitious person who fails respectable achievement by society standards; is usually insecure around others.

MKULTRA: a mind experiment program against unknowing citizens during the cold war using involving LSD.

Magnetometer: is a device that measures magnetism —the direction, strength, or relative change of a magnetic field at a particular location.

magnetron: an electron tube for amplifying or generating microwaves, used in microwave ovens. marginalization:

to make a victim or person seem less important, not credible.

maser: microwave laser that is invisible to the naked eye.

mental health: an explanation often cited by the media to explain disturbing actions by an individual.

The Milgram Experiment: a psychological experiment to see if a person would apply electric shock to another when instructed to by an authority figure.

millimeter waves: radio waves in the millimeter band. Used in Raytheon's pain ray weapon and body scanners like at the Airport.

millimeter wave scanners: used for body imaging such as airport screeners. They come in two varieties, active and passive.

militarization: when police take on the appearance and practices of the military like its counterterrorism operations.

Neo-Liberalism: privatizing industry that was once government like national security, social services etc.

no-fly list: a category of the watch-list where a person deemed dangerous can't fly.

no-touch torture: a term by the CIA to inflict pain without physical restraint/touching; described in the KUBARK manual during the Cold War.

non-consensual experimentation: targeted individuals believe that they are not only being harassed but experimented on as their reaction to new things is being tested.

non-disclose agreement: a signed agreement between parties to not divulge information.

non-ionizing radiation: EMF that is not radioactive like microwaves, wireless internet.

Non-Lethal Weapons: weapons to inflict pain that don't cause physical injury.

notice of claim (legal): a paper required to be sent to the city or public authority when a person claims a city agency, official, or employee of a public authority caused the person damage. The notice of claim informs the city or public authority of the nature of the claim within the short time it occurs.

Nym Wars: force people to use their real names online instead of fake/avatar accounts.

opiod crisis: tens of thousands of deaths resulting from prescription opiod abuse across the US. Blamed on the pharmaceuticals.

pacifist: a person who does not like war or violence against others.

Palantir Technologies: A CIA funded Sensitive Compartmented Information (SCI) and block chain encrypted private intelligence company that's into predictive policing using data mining/ shared databases.

Parrilla (torture): electrical torture using a conductive energy device.

passive millimeter wave scanners: create images using only ambient radiation and radiation emitted from the human body and objects.

passive shielding: material used to shield or absorb directed energy.

Patriot Act: emergency legislation to strip a citizens rights away including privacy because of the War on Terror following 9-11-01.

peeping Tom laws: laws against citizens looking into a neighbors house even if the person looking is suspicious of them.

permaban: permanent ban, a term used during the dot com era because of moderation on E-Mail mailing list and

perp:a term used by targeted individuals for perpetrators - people who stalk; harass.

persona: a term used by private intel contractors for a person playing role or character, surveillance role players.

plaintiff (legal): a person who brings a case against another in a court of law.

plausible deniability: an action that can be denied because there is little to no physical evidence.

Private Intelligence Agency (PIA): contractors who do the spy work of intelligence agencies using connections in Washington.

Private Military Company (PMC): modern-day mercenaries or armed contractors filling the military's role in hostile/combat situations.

psychological break: when a person snaps, becomes violent.

psychological warfare: head games to keep a person feeling down, oppressed.

PTSD: acronym for post-traumatic stress disorder, usually a condition suffered by military vets.

rabbit: the person being targeted. The term comes from a paper rabbit used in target practice.

rabbit run: groups of people chase a target (rabbit) on the move.

radiation dermatitis: a skin condition, usually side effect of radiotherapy cancer treatment.

remote neural monitoring: a conspiracy belief by some targeted individuals that their thoughts are being monitored.

resonance: when wavelength is the size of the body there is higher absorption with unequal energy distribution.

scapegoat: someone to blame especially if things are not going well.

security clearance: a clearance to access sensitive national security information by government, military, private-affiliated contractors.

see-through technology: devices that can see through clothing, walls to detect objects.

Senate Select Committee on Intelligence (SSCI) on CIA torture: A report from 2012 that detailed the CIA's detention and interrogation program and its use of various forms of torture.

sexual-touching: when a targeted individual believes they are being violated sexually by their harassers. Sherriff

Buford Pusser: a legendary one man army against illegal activity and corruption.

shill: a person who pretends to give an impartial endorsement of something in which they themselves have an interest.

The Shock Doctrine: a theory by liberal author Naomi Klein that argues there is a strategy to exploit a national crises to push through controversial policies like going to war in Iraq following 9-11, the Patriot Act, etc.

shadow ban: when social media giants allegedly mask or hide a person's post from regular feeds due to offensive content.

Silent Guardian: a smaller version of Raytheon's Active Denial System (ADS) that was going to be truck mounted.

silent weapon: another name for directed energy.

skeletons-in-the-closet: a secret taboo part of a person's life that isn't disclosed to others around them.

sleep deprivation: a torture tactic to lesson a person's quality of life or to show disapproval of their activity.

Sonic Weapons: a non-lethal weapon using sound. i.e. the LRAD.

sousveillance: when a person being monitored, stalked records the stalker using a camera, recording device, etc.

Southern Poverty Law Center: a quasi-government non-profit organization that keeps track of so called hate groups. The name derives from a negative Southern stereotype.

Sovereign immunity: a general rule that you can not sue the government.

social justice warrior (SJW): angry left-wing activist who believe in social justice causes and political correct views to not offend. Prevalent in America's liberal-bias media.

Spectrum analyzer: measures the magnitude of an input signal versus frequency within the full frequency range of the instrument.

stake-out box: groups of cars driven by FBI agents try to box a person is who is being followed.

stalking: watching or following someone without their knowing.

subversive: seeking or intended to subvert an established system or institution.

summons (legal): a plaintiff's written notice, in a specific form, delivered to the parties being sued, that they must answer the plaintiff's attached complaint within a specific time.

surveillance role players (SRVs): people who role play in training situations involving surveillance operations, hired by intel contractors.

survey meter: hand-held ionising radiation measurement instruments like a Geiger counter.

sweep: is a bust by the FBI or law enforcement to reel in unsuspecting targets.

tagging, tracking, locating (TTL): tagging and tracking devices by private intelligence contractor Blackbird Technologies, now Raytheon Blackbird.

TALON (Threat and Local Observation Notice) reports: a database including lists of anti-war groups and people who have attended anti-war rallies, peace activist by the DoD from 2002-2007.

targeted individual (TI): people who believe they are the targets of covert harassment.

targeted family: an intimidation tactic used to punish or silence a target.

technocrat: people who advocate, worship technology - it's the answer to all our problems.

terrorism: associated with violent acts by radicalized people who oppose the government.

thyroid: regulates hormones; affected by outside sources like radiation.

Tinfoil room: an alleged room at the Trump International Hotel that was touted safe from electronic surveillance.

tort (legal): a civil wrong. i.e. negligence, battery, etc. resulting in injury.

tradecraft or surveillance trade craft: a term mostly used to describe spying.

traitor: a person who betrays their country in favor of another.

troll: a person on the internet that is provocative for kicks.

troll factory: a term used to describe hackers planting false stories on social media in an act of hybrid warfare.

tyrant: cruel oppressive rule - sometimes disguised as patriotic.

ultrasonic: sound waves above the upper limit of human hearing.

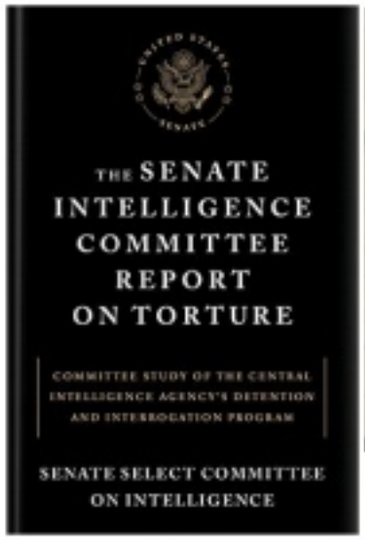
useful idiot: a cheerleader for the other side although not respected by the enemy.

Voice-To-Skull (V2K): where voices a are projected inside a person's head without sound. Some targeted individuals believe that they are the victims of this type of harassment.

watch-list: a list by homeland security to keep track of subverts, radicals, potential domestic terrorist or allegedly targeted individuals.

welt: a red, swollen mark.

XKeyscore: NSA software that records the internet history of all Americans.


THE SENATE INTELLIGENCE COMMITTEE REPORT ON TORTURE
COMMITTEE STUDY OF THE CENTRAL INTELLIGENCE AGENCY'S DETENTION AND INTERROGATION PROGRAM
SENATE SELECT COMMITTEE ON INTELLIGENCE

Pictured: A variety of survey meters from the 2017 Unity and Hope Conference in Boston.

Historical Documents Reporting Stephen Watson's Electronic Harassment

User Complaint Key: 13-C00509365-1

Form 2000F Other Communications Complaint
Not Covered by Form 2000A through Form 2000E

Consumer's Information:

First Name: **stephen** Last Name: **watson**

Company Name: **s. abstract**
(Complete only if you are filing this complaint on behalf of a company or an organization.)

Post Office Box Number: **158**
(Official Post Office box Number Only)

Address 1: **new york** Address 2: **West 147 street**
Mailing Address (where mail is delivered)

City: **new york** State: **NY** Zip Code: **10031**

Telephone Number (Residential or Business): **Phone:(347) 661 - 0845**

E-mail Address: **tenobit@hotmail.com**

* * * ANSWER EACH QUESTION THAT APPLIES TO YOUR SPECIFIC COMPLAINT * * *

1. Type of company that is the subject of your complaint:

, Other

2. Please provide the details of your complaint, including the dates, times and nature of any conduct or activity complained of and identifying information of any companies, institutions or individuals involved:

a. Date (mm/dd/yyyy): **07/06/2013 06:59:00 AM**
b. Name of company or individual: **Stephen**
c. Details of the activity or conduct that form the basis for your complaint: **I'm renting a room at West 147 Street in room . I hear a person on the floor above me (E floor level) moving metallic equipment around and there is a high ringing noise. This is causing physical discomfort and electronic interference. I'm sure what is happening is not legal and a violation of the FCC.**

Note: The ringing gets stronger as you go up the stairs (level A, B, C, D, E etc) and get closer to the source.

Please look into this matter.

Thanks,
Stephen

Richard J. Katz, M.D.
Steven A. Albert, M.D.
Alison Bender Haimes, M.D.
Stephen D. Greenberg, M.D.
Douglas R. DeCorato, M.D.
Gavin L. Duke, M.D.

EAST RIVER MEDICAL IMAGING, PC

Paul S. Choi, M.D.
Sean K. Herman, M.D.
Robert L. Ludwig, M.D.
Timothy W. Dreyer, M.D.
Michelle A. Klein, M.D.
James W. Brady M.D.
Morton Schneider, M.D. (ret.)

519 & 523 East 72nd Street • New York, NY 10021 • 3 East 75th Street, At Fifth Avenue • New York, NY 10021
430 East 59th Street, Sutton Place • New York, NY 10022
Tel: 212-288-1575 • Fax: 212-288-7616 • www.eastriverimaging.com

M.D.
NEW YORK, NY 10018

Patient: WATSON, STEPHEN
Exam Date: 9/22/14 **Acc No:** 6641002 **MRN:** 6170901

Dear Dr. ,

MRI SCAN OF THE BRAIN AND INTERNAL AUDITORY CANALS WITHOUT AND WITH GADOLINIUM

Clinical History:

39-year-old male with headache and left-sided tinnitus.

Technique:

The examination was performed with sagittal T1 weighted and axial FLAIR and diffusion weighted images of the brain. Examination of the internal auditory canals was performed with 3.0 mm coronal and axial T1 weighted images prior to and coronal and fat-suppressed axial T1 weighted images following intravenous injection of gadolinium. Axial 3-D FIESTA images of the internal auditory canals were also obtained.

Comparison:

No prior studies are available for comparison.

Findings:

The internal auditory canals and cerebellopontine angles demonstrate no discrete mass or pathological enhancement.

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The 4th ventricle is midline. The cerebellum is unremarkable. Posterior fossa arachnoid cyst is noted. The lateral ventricles are normal in size, shape, and configuration. There is normal gray matter differentiation with no evidence of hemorrhage, mass midline shift mass effect, or extra-axial collection. There is no evidence of acute infarct or restricted diffusion.

The tympanomastoid air cells, visualized orbital soft tissues and paranasal sinuses are unremarkable.

IMPRESSION

Unremarkable MRI of the brain and internal auditory canals without and with gadolinium. No evidence of acoustic neuroma.

Very truly yours,

PAUL CHOI, M.D.

Electronically Signed By PAUL CHOI, M.D.
Date/Time Transcribed: 9/22/14 12:13 pm

Contrast: Omniscan Gado 20cc

3 cd to qo/ once report signed pacs.cd report to DR

CC: CC PATIENT

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Charles E.
SCHUMER
UNITED STATES SENATOR FOR NEW YORK

Federal agencies are prohibited from releasing information concerning an individual to a third party under the Privacy Act of 1974. Please complete and sign this form, which will allow information regarding your concern to be released to the office of Senator Schumer.

Your Contact Information

Mr. Stephen Watson

Gender:
male

Date of Birth:

Phone:

Email:

Residential Address

Edgecombe Av.
New York, NY 10032

Case Details

Federal Agency Involved:
FBI

Social Security No.:

Contacted another congressional office?
No

Court of Law?
No

Your Request

I'm a security guard that works in Manhattan, New York. Due to my low income I rent rooms using room rental services. I do not have a criminal history, no terrorist intentions, I'm not part of any extremist groups, and I'm not part of any hate groups. I'm a very creative and tolerant person. Starting in the year 2013 while renting a room in Manhattan I became targeted with what I believe is directed energy (DE). I also became targeted in the workplace working in a government building. A family member who is a senior citizen living in Monrovia, California also became a target. The activity will start up again if I try moving to another rental room. Due to Manhattan's unaffordable rent a rental room situation only fits my budget. I believe what is occurring is physical in nature and reflects directed energy weapon (DEW) technology that is being developed by the defense industry/military. The directed energy can pass through the floor, ceiling and walls. Without

adequate shielding measures the pain is unbearable and could be considered a form of torture causing both physical and emotional suffering. I've read about Raytheon's Active Denial System (ADS/ Silent Guardian) and how more portable versions of this microwave laser (maser)/pain ray/less-than lethal weapon is being developed. I believe this technology has progressed and is now being abused out of the public's eye or is being used as a type of extrajudicial punishment. I've taken measures to document what is happening and also gather evidence. If you are aware of what is happening I urge you to put a stop to such activity because I will report my evidence to the media and have my own public awareness campaign. My efforts to report this activity to the FBI and the local police precinct have yielded no results. This will not be good for you as a politician (who allowed such abuses to happen) or America's image. I can always be contacted for more details. For more details please go to this link: http://tibuster.weebly.com/

Is there anything else that Senator Schumer or his staff needs to know?

I will report to the media with evidence if the activity does not stop. I'm not afraid to go public.

VOID VOID VOID

TI Activism / Protest Art

AMERICAN OPPRESSION Covert Harassment of Targeted Citizens (TI's)

I don't care if you microwave my balls. At least I have balls. Look at me showing my face in Washington, D.C. in front of the White House. Poor foreign policy and oppression is not good for America.

Directed Energy Weapon Torture Awareness

Learn about Directed Energy Weapons (DEWs).
Military, Intel, Defense Industry Involvement.
Learn about Less-Than Lethal weapons. i.e. The Pain Ray.
Learn about America's post 9-11 Torture Doctrine.
Learn about Targeted Individuls (TIs).
Innaction by authorities to cries for help.
Media Silence (reluctant to report out of fear).
Government Complicity (Fusion Centers, Target list, Kill list,
Plausible Deniability, 2014 Senate Report on CIA Torture).
YOU CAN BE TARGETED NEXT WITH NO RECOURSE.
NO DUE PROCESS. EXTRAJUDICIALLY PROSECUTED.
Twitter
http://electronicharassment.freeforums.net

Stephen Watson heroic poetry in the face of adversity/ oppression

Where are the Terrorist?
Maybe now they are only active shooters.
Only failing infrastructure, despot cops,
train disruptions, long lines at the airport.
I'd rather take my chances Mr. Government opressor

Terrorism is a Ponzi scheme, a bubble economy for defense intel creeps and pigs.
It's their f'ing Enron. White collar think tank criminals at the Pentagon.

Don't believe their lies.
Obesity kills more American's. Blame freedom fries.
Pigs.
At first it was Muslims, now us.
Of course Muslims don't like swine.
Terrorism is a lie.
It's your American filth like the pigs you are.
Go F yourself over like Trump's foreign policy
and die from cardiac like the tomb of the unknown soldier.
Jesus did not share your American war monger values.
Hypocrite. Gun worshiping scourge of the modern word.

Terrorism. Did we imagine it,
or did they, who strip your rights away?
Yet they still play in Manhattan, city of rodents.
Rats scurry around the memorial in lower Manhattan at night.

9-11 was tragic but so was the titanic.
Do you see me using the titanic to act like a tyrant?

See something see something that will end up being nothing but a train delay for others. You may have saved a life, I may have won the lottery. The odds are about the same. The poor lose.

The government is afraid people know the truth and not the other T word that is used as propaganda to strike fear, tyranny however is rarely mentioned but welcomed.

People who bring up their amendment rights are considered delusional. It's time to bring up that faithful day and why your rights no longer matter because we are at a war with no end.

The targeted person is marginalized so someone in authority can feel worthy like Brutus, Marcus Junius. History repeats. Scum rises to the top and falls.

People in uniform commit suicide. I'm still hear standing up against tyranny. Your efforts to make me become like the fallen soldier who believed in your lie are worthless.

Stephen Watson is an unsung hero, more heroic than American soldier or 9-11 first responders exposing America's tyranny as defense and national security spending is at an all time high. Abuses are occurring out of the public's eye with the lynchings and the selective targeting of American civilians as the government has turned on its own people - an act of hybrid warfare. Threat mitigation has become a big industry with those once involved in military, defense, and intelligence now in the private sector exploiting perceived threats to justify record spending on nonexistent threats where due process no long seems to matter.

If you were offended by my poetry then...

[Stephen Watson who's really not a terrorist
says...]

Fuck You Perp

Proof